



ISKF SPOTLIGHT

Summer 2013 INTERNATIONAL SHOTOKAN KARATE FEDERATION

Successful ISKF Master Camp 2013



Master Camp - Camp Green Lane 2013, Pennsylvania

Master Camp 2013 has come and gone. Once again a mass of global karate-ka descended on Camp Green Lane for a week of training with some of the world's best Shotokan masters. This year there were 297 campers from 37 countries. We often give statistics on the number of countries and the number of people but just as important is the relationships these people and countries have formed over the years. Master Funakoshi's ultimate goal was to use karate as a vehicle to spread peace; what better way than to have karate-ka from disparate regions of the world convene at a small camp site, mingle, make friends, and take away a stronger desire to give than to receive. It may sound idealistic but over the years many karateka have expressed this sentiment. Of course

they come for the training, and to study with the Masters, and take back new drills and understanding of techniques; however, they also come to see their friends.

The theme for master camp 2013 was Niju Kun #18: Kata wa tadashiku, jisen wa betsumono – Practicing kata is one thing; engaging in a real fight is another. Some of the lectures touched on this theme as they discussed karate as sport, a martial art, and self-defense. The lecture topics revolved around the differences in karate-do and using it against an opponent. Each lecturer presented interesting views and perspectives. They were all very enlightening.

Instructors at this year's Master Camp in-
(Cont'd on Page 2)

IN THIS ISSUE

- 1-5 Successful ISKF Master Camp 2013
- 2-5 Dan & ISKF qualification exams and Goodwill Tournament Results from MC'13
- 5-6 Niju Kun #18

- 6-7
- 7-10
- 11

Social Event

- Interview with Mr. Paolo Lusvardi
- Up Coming ISKF Calendar Events

(From Page 1)

cluded: Shihan Teruyuki Okazaki - ISKF Chief Instructor, Masters Yutaka Yaguchi - ISKF/USA, Masaru Miura - SKI-I/Europe, and Shunsuke Takahashi- TSKF/ISKF. Assisting them were members of the esteemed high-ranking ISKF Technical Committee. Members of the ISKF Technical Committee are Senseis James Field, 8th Dan; Maynard Miner, 8th Dan; Robin Rielly, 8th Dan; Najib Amin, 8th Dan; Cathy Cline, 8th Dan; Garry Turnbull, 8th Dan; Hiroyoshi Okazaki, 7th Dan; Gary Swain, 7th Dan; David Jones, 7th Dan; Larry Loreth, 7th Dan; Leon Sill, 7th Dan; Peter Warren, 7th Dan; Steve Pohle, 7th Dan; Tony Tam, 7th Dan; and Oded Friedman, 7th Dan.

On Saturday, youth campers competed in a tournament, while instructor trainees were required
(Cont'd on Page 5)

Dan Exam Results

**Held at the ISKF Master Camp
June 9th and 10th, 2013**

Shodan

Jonathan R. L. Bustamante (Bolivia)
Luiz Gustavo A. Franco (Brazil)

Nidan

Bryan Guadalupe (USA/PR)
Artem Pogodin (Russian)

Sandan

Joseph Raad (Lebanon)
Jan Bosecke(Germany)

Yondan

Erik Alberto P. Mendoza (Mexico)
Shay Litani (Israel)

For shodan 3 months re-exam

Frank Lehmann (Germany)
Jose M. Resto (USA/PR)

For sandan 3 months re-exam

Shona O. Griffith (Belize)

For yondan 3 months re-exam

Brendan McGowan (Canada/AB)

For yondan 6 months re-exam

Floyd G. Lino (Belize)
Lothar Pietzschmann (Germany)
Gil Munish (Israel)
Philip Zuniga (Belize)

Godan

Kristen Hoffman (USA/EC)
Evgeny Raspertov (Russia)
Shannon Doane (Canada/NS)
Tina Malkuch (USA/MT)

Rokudan

Alvarro Ruiz Munoz (Mexico)
Robin Maheux (Canada/QC)
Fabrizio Castellani (Italy)
Kaykavous Farvardin (USA/EC)
Mike Katayanagi (USA/EC)
Alain Laviene (Canada/QC)

Shichidan

Mark Tarrant (USA/MT)
Catherine Margolin (USA/AK)
Michel Bitton (Israel)
Athelstan Bellamy (Jamaica)
Michael Bock (Germany)
Farid Al-Shuhaibi (Oman)

Hachidan

Andrey Dormanenko (Russia)
Carl Shaw (USA/EC)
Garry Turnbull (Jamaica)

For godan 6 months re-exam

Alonso Eduardo (Argentina)
Paul Willoughby (USA/EC)
Roger Lorde (Jamaica)
Jim Kennedy (Canada/NS)

(Cont'd Page 3)

(From Page 2)

Nancy G. Stewart (Canada/MB)
Adrian Chiu (Canada/MB)
Paul Y. Fausner (Haiti)
Mark Gentles (Jamaica)
Roman E. Lopez (Mexico)

For rokudan 6 months re-exam

Philip Felice (USA/EC)

For Hachidan 6 months re-exam

Adal Abdalkader (Algiers)

Chief Examiner, Teruyuki Okazaki

Judge's Examination Results

**At the ISKF Master Camp & International Goodwill
Tournament**

June 9th and 13th, 2013

Class D

Brown, Preston (USA)
Littman, Louis (USA)
Mendlemich, Moshe (Israel)
Nepo, Justin (USA)
Raspertov, Evgeny (Russia)
Ruskin, Sheldon (USA)
Sakr, Rita (Lebanon)
Vorotnikov, Petr (Russia)

Class C

Aoun, Fadi (Lebanon)
Bitton, Michel (Israel)
Garcia, Antonio (Mexico)
Lee, Shaun (USA)
Mousane, George (Lebanon)
Re-Examination
Fausner, Paul Yves (Haiti)

Class B

Alexander, Michael (Trinidad)
Cammack, Majal Colon (USA)
Dormenko, Andrey (Russia)
Ephrathy, Tzur (Israel)

Schatz, Crystal (Canada)
Tarrant, Mark (USA)
Weber, Jeffrey (USA)
Weber, Kim (USA)

Class A

Faracchio, Joe (USA)
Vaughan, Martin (USA)

Re-Examination

Sayed, Reda (USA)

Instructor's Examination Results

At the ISKF Master Camp

June 10th, 2013

Class D

Aoun, Fadi (Lebanon)
Darnell, Bob (USA)
Doohen, Lee (USA)

Class C

Dormenko, Andrey (Russia)
Moussaoui, Ahcene (UK)
Tavoliero, Michael (USA)
Waldron, Eon (USA)

Class B

Antakly, Fady (Lebanon)
Ransom, Marcia (USA)

Class A

Faracchio, Joe (USA)
Hoffman, Bob (USA)
Khalili, Kambiz (USA)
Vaughan, Martin (USA)

Re-Examination

Sayed, Reda (USA)

Examiner's Examination Results**At the ISKF Master Camp****June 9th, 2013****Class D**

Doohen, Lee (USA)

Class C

Antakly, Fady (Lebanon)
Dormenko, Andrey (Russia)
Moussaoui, Ahcene (UK)
Ransom, Marcia (USA)
Tavoliero, Michael (USA)

Class B

Al-Shuhaibi, Farid (Oman)
Dixon, Joe (Canada)
Heermans, Jeff (USA)
Oberschlake, James (USA)

Examiners:

Teruyuki Okazaki, 10th Dan
Yutaka Yaguchi, 9th Dan

Master Camp 2013**International Goodwill Tournament Results****Women's Beginner Kata**

1. Teona Tkebuchara – Georgia
2. Maria Justiniano – Bolivia
3. Gianine Kopishike – USA/East Coast

Women's Beginner Kumite

1. Gianine Kopishike – USA/East Coast
2. Teona Tkebuchara – Georgia
3. Maria Justiniano – Bolivia

Men's Beginner Kata

(No Competitors)

Men's Beginner Kumite

(No Competitors)

Women's Color Belt kata

1. Zsvenka Liendo Uriona – Bolivia
2. Annabelle Levesque – Canada/Quebec

Women's Color Belt Kumite

1. Zsvenka Liendo Uriona – Bolivia

Men's Color Belt Kata

1. Joshua Vargas – Costa Rica
2. Xuan Ye – USA/East Coast
3. Rilmar Ayala – Bolivia

Men's Color Belt Kumite

1. Xuan Ye – USA/East Coast
2. Rilmar Ayala – Bolivia

Women's Brown Belt Kata

1. Angela Thompson – USA/East Coast
2. Jacquie Goss – USA/Alaska
3. Christine Ulicki – Canada/Alberta

Women's Brown Belt Kumite

1. Jacquie Goss – USA/Alaska
2. Angela Thompson – USA/East Coast
3. Christine Ulicki – Canada/Alberta

Men's Brown Belt Kata

1. Jonathan Bustamante – Bolivia
2. Luiz Franco – Brazil
3. Peter Ryan – New Zealand

Men's Brown Belt Kumite

1. Jonathan Bustamante – Bolivia
 2. Vasily Terentyev – Russia
 3. Ruben Rojas – Venezuela
- Luiz Franco – Brazil

Women's Black Belt kata

1. Gaby Elliott – USA/East Coast
2. Nayla Makhoul – Lebanon
3. Andy Moore – USA/Northwest

(Cont'd on Page 5)

(From Page 4)

Women's Black Belt Kumite

1. Marcia Ransom – USA/East Coast
 2. Andy Moore – USA/Northwest
 3. Nayla Makhoul – Lebanon
- Miyuki Kuroha – USA/Mountain States

Men's Black Belt Kata

1. Roy Lee Gatjens Campos – Costa Rica
2. Ben Skennar – Australia
3. Joseph Raad – Lebanon

Men's Black Belt Kumite

1. Aimen Benkhadra – Canada/Quebec
 2. Adnane Benkhadra – Canada/Quebec
 3. Danny Le Rose – Switzerland
- Dan Elliott – USA/East Coast

Women's Team Kata

1. Team Swag – USA/East Coast
2. Team Sekai – USA & Lebanon
3. Team Canuckles – Canada/Nova Scotia & Quebec

Women's Team Kumite

1. Team Kicks – USA & Lebanon
2. Team Gamma – USA/East Coast & Northwest

Men's Team Kata

1. Lebanon/Algeria – Lebanon & Algeria
2. Costa Rica – Costa Rica
3. PSKC & Dan – USA/East Coast

Men's Team Kumite

1. Argentina – Argentina
2. ABD – Australia, Brazil & Switzerland
3. AQ2 – Canada/Alberta & Quebec

Best Camper: Bryan Guadalupe (US/PR)

Most Supportive Dojo: Canada/Quebec

Best Supportive Country: Brazil

(From Page 2)

to attend as part of their training and preparation for the judges' exam. Each year young karateka exhibit great spirit and enthusiasm. They also represent a growing pool of talent. Sunday and Monday campers participated in social activities from salsa dancing to bingo. The rest of the week campers attended great training and inspiring lectures. The adult competition took place on Thursday along with the judges' practical exam. The results are posted on the ISKF website.

Master Camp 2014 will be from June 6th to June 13th. We expect to see even more karateka from more countries, as we hope more people will realize the gem that Master Camp has become and take advantage of all it has to offer.

Niju Kun #18: Kata wa tadashiku, jisen wa betsumono – Practicing kata is one thing; engaging in a real fight is another.

十八型存心
平心實戰
は前知



This year's Master Camp theme was Master Gichin Funakoshi's Niju Kun #18: Kata wa tadashiku, jisen wa betsumono – Practicing kata is one thing; engaging in a real fight is another. Each year Sensei Okazaki chooses one of the Niju Kun as the Master Camp theme. Have you ever wondered why Master Funakoshi wrote them or why we still use them today? Master Funakoshi wrote the Niju Kun to give us a detailed set of principles to guide us not only in perfecting our martial art but our character and our lives.

(Cont'd on Page 6)

(From Page 5)

Today, Shihan Okazaki continues to encourage us to follow the Niju Kun and not forget their meaning and purpose in our study of the art. If you only read them when it's time for Master Camp it will take you 20 years to get through them! Don't wait for Master Camp to learn the Niju Kun but rather use it as an opportunity to refresh your memory and focus on the chosen theme. We need to incorporate each of the Niju Kun into aspects of our daily lives. In Master Okazaki's book Perfection of Character, he suggests learning one per week for 20 weeks and then repeating the process. Following this method, one can expect to get through all of them at least twice before another master camp.

Niju Kun #18 encourages us to use all aspects of karate. Karate is not just kihon, nor kata, nor kumite but a cohesive union of all three. Without kihon to develop our techniques we would not be able to combine them into fluid combinations within each kata. Kata, in turn, teaches how to react against an imaginary opponent. We need to visualize an attacker when performing each technique to experience the true feeling of the kata. This prepares us for kumite. Kumite, if done properly will utilize kihon and kata to defend against an opponent.

Although the ultimate goal is never to have to fight and use karate, training should prepare us to defend ourselves when attacked. During an attack there is no time to think through the moves of a kata—there is only reaction time. Our training should prepare us to react in a natural fashion and use our knowledge of karate intuitively. It should truly be second nature. Timing must be flawless, the target must be accurate, and the technique must be executed precisely. All must be done with kime. Only then can one expect to survive a battle with a real opponent.

Social Event in the Master Camp 2013

Bingo! Monday night the mess hall filled with many hopefuls seeking to win coveted karate prizes. Some of the top awards included a calligraphy piece by Shihan Okazaki and two personal training sessions with Technical Committee members, Gary Swain and Cathy Cline. Other prizes consisted of the book Karate Masters by Jose Fraguas that has Okazaki Shihan on the cover. Mr. Fraguas signed the book especially for this occasion and Okazaki Shihan signed the chapter on himself.

Even at bingo the true spirit of karate-do was present. Louis Littman from the Philadelphia Shotokan Karate Club won the private lesson with Gary Swain and right after he yelled "Bingo" a woman from Mexico yelled it as well. The woman received a t-shirt since she yelled a couple of seconds later; however, Mr. Littman felt bad and gave her the private lesson because he said she traveled much further than he did. That was a class act - true martial art spirit. John Russo from Australia won the lesson with Cathy Cline and said it was great. There were other board games and a twister game that took place in another section of the mess hall. Everyone who attended had a great time.



MC13-BingoPlayers, Mess Hall

(Cont'd on Page 7)

(From Page 6)

Sunday night was no less exciting as a group of karate-ka headed to the Nakayama dojo floor for a night of dancing. For the last few years, Nicole Maloy, from the USA- East Coast region-Philadelphia Shotokan Karate Club, has been sharing her love of Latin dancing with campers by leading a beginner Salsa class. Cheers usually erupt at mealtime whenever the lesson is announced. Although the session is geared towards beginners so that everyone can participate, all are welcome. The group usually ranges from the pure novice who has never tried it, to fairly advanced dancers. People generally come to relax, take in the music, and enjoy a night on the dance floor.



**MC13-Bingo Prize Winners
Congratulations!**



**MC13-Twister, another game played,
Campers had fun.**

Spotlight Interview with Mr. Paolo Lusvardi at Mas- ter Camp 2013



Mr. Paolo Lusvardi is a member of the Shotokan Karate-do International- Italia (SKI-I). He is a 7th Dan and the Technical Director for the Lombardy SKI - I. Mr. Lusvardi is a former kumite champion, winning

many titles spanning many years. He participated in eleven World Championships, and won five gold medals, one silver and three bronze medals. The first world championship was in Tokyo in 1982, the last in Sidney in 2012. In Mr. Lusvardi's own words, "My career as a karateka is very long, full of satisfaction but also of great sacrifices." He is from Mantova, a small town in northern Italy, but karate has taken him around the world. He sat down with us and shared some of his thoughts on karate, training, and life.

Spotlight: How long have you been training?

Mr. Lusvardi: I started training in 1973.

Spotlight: Have you always trained with Sensei Miura?

Mr. Lusvardi: No, I trained with an organization called Fesika; it was with Miura Sensei and Shirai Sensei. It no longer exists. I first started training with Miura Sensei in 1975. I was very young then 19 or 20, I can't remember. In 1977, Miura Sensei joined with Sensei Kanazawa and now we are part of the Shotokan Karate-do International Federation (SKIF).

(Cont'd on Page 8)

(From Page 7)

Spotlight: What interested you in karate? How did you start training?

Mr. Lusvardi: I started when I was 18 years. I started boxing first. I boxed for three or four years and I was a champion in my division, super welter-weight, but my father didn't like me boxing. Afterwards, I started watching Bruce Lee films. At that time, everybody, all the young boys, would say, "Oh, karate is very strong."

After one to two years in one dojo, I realized that the master was not good at all. I started to understand that sometimes the business is more than karate, so then I found another teacher. He was very strong physically, but not so good technically. I studied three or four years with this person. I was very limited in the brain. I was just violent, just violent.

Then I met Miura Sensei. With Miura Sensei, I started to understand how to be polite. I learned how to be a good person, to be a better person in the world and in life, to know people. Not just in karate, but to have a better life – an education. After a while, he said you must come to Cremona. Cremona is a city very close to my house, about 50 kilometers, and I said, "This is too far sensei, too far. Why Cremona? It's too far." Now I go everywhere in the world without a problem. Karate-do can change your life.

Spotlight: What does karate mean to you today?

Mr. Lusvardi: In the past I did a lot of competition, but for me for karate it's more important to meet people. Friendships, travelling, for me this is karate. Fighting, I like. Techniques, I like. Bunkai, kata, and to be in good form physically, is good. At my age, not everybody can do what I do. I'm 60 years old and I still can do everything. I still can do what I want. My punch, my legs go where I want. I have

no pain anywhere. I have a good life. Good food, good life, good thinking, and the right body, this is all good.

This means if you have a good technique you feel the energy, free energy, breathing and moving. You move energy and then the technique will come by itself, everything will come by itself. If you are a good person in kihon, and then you start to understand the energy, then when you move everything will come by itself. You might say, "This is not karate, this is judo." No everything is martial arts. You don't say this is karate; don't say this is judo; no it's just martial arts. Everything comes freely. There is no limit.

Spotlight: Did you find as you train more, your vision of karate developed and transcended over time?

Mr. Lusvardi: I came here three years ago and I didn't know anybody. Now, I think I know everybody. This is my satisfaction. I met a nice group from New York, and yes people from everywhere, Americans, Japanese, Europeans this is karate-do. This friendship is karate-do. When you get to be my age this friendship this is karate-do. I think it might be the most important. The most important thing is to be a good friend to everyone. When you're young maybe you want to fight everybody, but now when you meet people you say, "Ciao, how are you?" This is karate-do. When I first came here, for karate, I met some people. They sent me messages by email and said "Hello" by Facebook, and so now I come back just to meet these people. These are my friends. Now we are like family. It's more of a family than just karate. This is what I like, this friendship.

(Cont'd on Page 9)

(From Page 8)

Spotlight: How many Master Camps have you attended?

Mr. Lusvardi: This is my second.

Spotlight: It's great that you, Sensei Miura, and others from various organizations come to this camp. What do you think of the relationships between the ISKF and other organizations like the SKI-I?

Mr. Lusvardi: I think we want to collaborate with this Federation because Miura Sensei is a very open master. I think, this is my opinion, I think we can continue with our Federation, Shotokan karate-do Federation, and work with this Federation because it's very interesting; however I will do what Miura Sensei says.

Spotlight: When you say work with this Federation what exactly do you mean? Camps, tournaments, or what? In what capacity?

Mr. Lusvardi: I don't know. I think we can take part in competitions together with this Federation. Things like that. I think that might be good for us to have organized tournaments with this Federation and our Federation. It would be nice but you know this is just my opinion, what Miura Sensei wants to do I don't know. I've never really asked. You know for us, we do karate, after that the Federation, that is the most important. It is up to Miura Sensei to decide. Whatever he says, I will do.

Spotlight: What other countries have you gone to for camps like Master Camp?

Mr. Lusvardi: Well for tournaments, I've been all over the world, but for camps all over Europe. France, Spain, Slovenia, Czech Republic, we go everywhere in Europe.

Spotlight: Do you find the spirit to be the same?

Mr. Lusvardi: We have friends everywhere we go, and they all have good spirit but it's different. After this camp, I'll go to Slovenia. Some of these people are very good. These people are strong fighters. Like Serbia, people and places like this and they have good fighters. Azerbaijanis are strong fighters.

In the Ukraine, the Soviet Republic, they are fighters: they like to fight. Sometimes, you go to places and the people if you touch them very lightly, they scream. These people are not like that. In a fight, if you hit them in the nose and you break their nose, they say, "Okay my mistake, I'm sorry." So, this is the spirit of the people there. Somebody else you touch very lightly on the shoulder and he doesn't like it.

Spotlight: As an instructor, what do you like to emphasize in teaching? What do you like to teach?

Mr. Lusvardi: I like to do kihon, kata, and bunkai. I like to do self-defense using bunkai. You take one part of the kata and you have to use it in kumite. Not just have good form, but real bunkai- learn how to really use it- not just for exhibition. You have to fight with these techniques- like self-defense. It is everything, not just punch and stop, punching then stop, but grappling, like judo, it's everything: true self-defense.

Mr. Lusvardi: I remember the first time I met Sensei Okazaki.

Spotlight: When was that?

Mr. Lusvardi: It was about three years ago, 2010. Sensei Okazaki came with Sensei Yaguchi to Italy. They taught classes and seminars. It was very nice.

(Cont'd on Page 10)

(From Page 9)

Spotlight: And that, was the first time you trained with Okazaki Sensei?

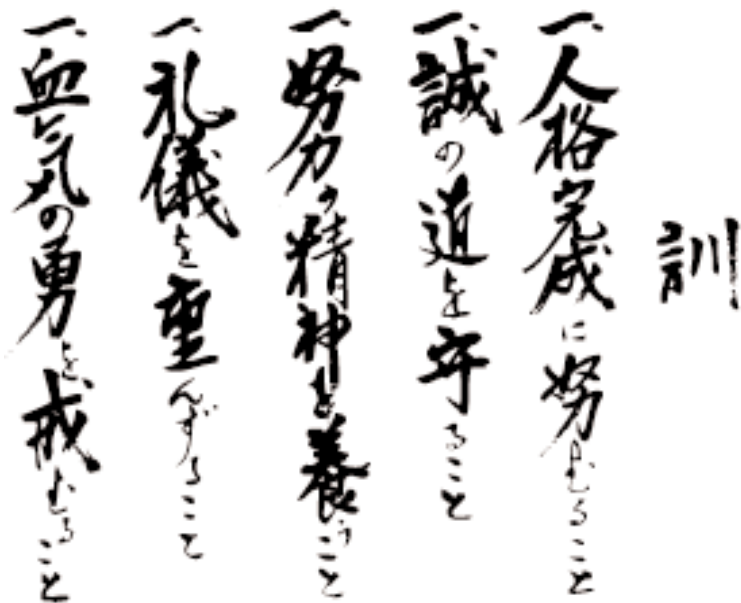
Mr. Lusvardi: Yes, we all tried to do our best. We wanted to do our best so we can impress him. He has great knowledge and great charisma and he wants us to do our best, so I was trying to do my best. I remember also trying to translate for Sensei Yaguchi and it was difficult. I was trying to explain everything he wanted to say. I was trying to tell everything he was teaching us. It was very difficult but I did my best.

Spotlight: Thank you for so much for speaking with us.

Mr. Lusvardi: I am very happy to be here. I would love to come back more and more but you know I have a job. I have to work. If I don't come back, I will miss the people here. I really have many great friendships and I will miss them. All the people I've met here, from all over the world, are very nice and I think if I don't come I will miss them. I would like to see them more often. You know I think when you meet so many good friends you always want to see them more often.

Spotlight: Thanks again. It was very nice to meet you.

Mr. Lusvardi: You're welcome.

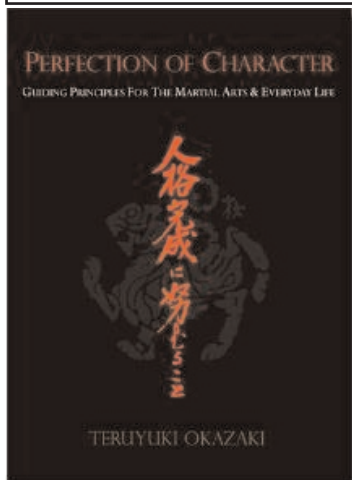


- Calligraphy by Master Masatoshi Nakayama -

Dojo Kun
Seek Perfection of Character
Be Faithful
Endeavor
Respect Others
Refrain from Violent Behavior

DOJO KUN

Everyone who trains in karate must know the dojo kun. At the end of each training session—whether it be at the dojo, after class, or after a tournament, which I always call “special training”—the dojo kun is repeated all together by the students as a reminder of why we train. The dojo kun states the basic philosophy of karate, according to its founder and my teacher, Master Gichin Funakoshi. Master Funakoshi believed that, for the true karate-ka, the dojo kun should not only be considered a set of rules of conduct in the dojo, but a guide to everyday life. Everything we learn in the dojo, we should apply to everyday life. Master Teruyuki Okazaki



Perfection of Character by Master Okazaki is in stock. It is \$20, plus shipping. Please, contact the ISKF Headquarters to order. It will be also available at the ISKF Master Camp 2013.

Up Coming ISKF Calendar of Events

USA

- ISKF/US Mid-America Summer Camp
Contact Mr. James Nelson: 810-635-7841 or
Email MidAmericaRegion@aol.com
August 16 – 18, 2013 Fenton, Michigan
Fenton, Michigan (YMCA Copneconic)
- The 26th Annual East Coast Shotokan Karate
Association Fall Camp
Contat ISKF the HQs. 215-222-9382 or
Email iskf@iskf.com
September 13 -15, 2013
Camp Green Lane
- The 35th ISKF/US National Karate Championship
ContactMr. James Nelson 810-635-7841 or
Email MidAmericaRegion@aol.com
November 13-15, 2013
Hyatt Regency Cincinnati, OH

INTERNATIONAL

- ISKF Lebanon 14th Annual Sseminer
Special Guest Instructor -Master Yutaka Yaguchi
August 12-17, 2013
Lebanon
- ISKF SHOTOKAN CAMP
Special Guest Instructor- Mr. Hiroyoshi Okazaki
Contact Mr. Jose Luis Duenas Castaneda
Email: duenas.iskf@gmail.com
August 17th - 18th, 2013
Purto Vallarta, Mexico
- Uruguay Karate Championship
ISKF Uruguay
September 15th, 2013
Uruguay
- 3rd Annual Shotokan Karatedo Event
Special Guest Instructor- Mr. Hiroyoshi Okazaki
Contact ISKF Panama, Mr. Martin Ruiz
Email unsukaratepanama@hotmail.com
October 25 - 27, 2013
Panama City
- International Shotokan Karate Seminar
Special Guest Instructor -Master Yutaka Yaguchi
Contact ISKF Uruguay Mredgardo Auza
Email u.karate@hotmail.com
November 2nd - 3rd, 2013
Montevideo, Uruguay
- International Shotokan Karate Course
Special Guest Instructor- Mr. Hiroyoshi Okazaki
Contact ISKF Israel Mr. Oded Friedman
Email oded-fri@zahav.net.il
December 19th - 21st, 2013
Haifa, Israel