



ISKF SPOTLIGHT

SPRING 2008 INTERNATIONAL SHOTOKAN KARATE FEDERATION



Master Teruyuki Okazaki, right, Master Hirokazu Kanazawa, left Photo by Steven Major, ISKF/US

look forward to a week of the best instruction, lectures, special events, and the 42nd annual International Goodwill Tournament. From beginner to advanced level karate-ka you will receive an experience that will keep you coming back. Your understanding of techniques, stance, kata, kumite, and your mind and body will all become enhanced. Master Camp is your opportunity to take home a wealth of knowledge that you will not find anywhere else.

This year Master Okazaki has asked us to focus on - "Teki ni yotte tenka seyo" or "Move according to your opponent". This is one of karate's twenty guiding principles or Nijyu Kun. Every year we focus on one principle from the Nijyu Kun. "In Perfection of Character" by, Teruyuki Okazaki, Master Okazaki interprets each of the twenty principles.

CELEBRATE INDEPENDENCE AT MASTER CAMP

Master Camp 2008 marks the second year we will be presented with the opportunity to train with three of the most skilled karate masters the world has known. Last year we were introduced to the legendary Master Kanazawa and his karate

training methods and philosophy. Before 2007 this could never have been a reality. Last year at Master Camp 2007 the final vote was cast and signatures obtained making the ISKF declaration of independence from the Japan Karate Association official.

This year we will celebrate our first year of independence. You will

"So keep an open mind, work hard, and don't be attached to your plans and desires: flow with the situation you're in and move according to your opponent."

Chapter 13 Perfection of Character
Teruyuki Okazaki

He reminds us that this principle is not only about kumite as one

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ISKF SPOTLIGHT

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UPON THE SANDS OF HISTORY LIE THE BLEACHING BONES OF ORGANIZATIONS THAT REFUSED TO OBSERVE BASIC DEMOCRATIC PRINCIPLES

An ancient proverb made up by the President of the ISKF

The purpose of this column is to reflect some of my thoughts about the far reaching effects of the separation of the ISKF. Our members have been advised of the events of the past decade which finally culminated in the severance from the JKA.

From the time I majored in history at the University of Pennsylvania, I have always wanted to write a few paragraphs about how events thousands of years ago show us the light today. So here goes.

There is an innate desire in human minds to express their own wishes and decisions as to how they live, how they progress and how they fulfill their own destinies. This explains, in part, why great empires have not survived and why colonialism ultimately dissolved. A few examples, out of many that could be cited, are the Babylonians, the Romans, the forces of Alexander the Great, and lately the USSR. On a smaller, local scale, organizations that are run by a few in an authoritarian manner wherein they impose their will on all the other members are limited in their ability to achieve great results. Times change, and our capacity to survive and thrive must reflect flexible and diverse views. Whole species have disappeared because of inability to adapt. Those who have no ability to innovate and use the give and take found in a democratic environment do not accomplish what they otherwise could.. The ideal of democracy within our own Federation is a potent force that leads to accomplishment that otherwise might elude us. Although it seems so obvious to us, the fact that our delegates come from diverse countries with different cultures, economies governments and priorities absolutely require that our policies have the flexibility that can only exist within a democratic frame-



right - Judge Paul Ribner, President of ISKF
left - Master Teruyuki Okazaki presenting honorary 5th Dan to Judge Ribner in the 1970s

work. Authoritative dictates that are issued without a consideration of the effects on the entire body of members are simply not acceptable. Our Chairman, Master Teruyuki Okazaki, made numerous attempts to have a dialog with those in command, but his efforts were met with indifference or ignored, and certain promises that were made were broken. This type of rule certainly saves a lot of time but is against the best interests of our members. The matters I write about here have been well documented in great detail and need not be repeated in this column.

At the June 11, 2007 meeting of the ISKF Board of Directors I was inspired by the remarks of our Chairman, who said, in the course of his statement about the goals of the ISKF the following:

“...But I said, as a martial artist, just as Master Funakoshi said, I will follow the majority, and if the majority of the countries say they want to be independent, I will follow the majority and support them 100%.”

Our Chairman further emphasized

that on matters of important policies we observe a democratic process which the JKA did not grant to us. His statements reminded me of the classic tale of the highly respected and successful French general who looked out of his headquarters window and saw his troops marching off so he ran out and said “ I must follow my troops because I am their leader.”

Our Chairman has exercised great patience for many years and the time to move forward is now. He has our overwhelming support and confidence. The ISKF is now freed from the restraints and policies that were imposed without our input. On a personal note I have been with our group from the time Chairman Okazaki first launched the East Coast Shotokan Karate Association, and I have seen our ISKF expand throughout this hemisphere and even onto other continents. The story of the spectacular growth from a quiet beginning in Philadelphia to the present position where we are emerging onto the world scene is a tribute to the Chairman and the many men and women who worked with him, and this fascinating story can be told by others at another time and place.

The enhancement of our prestige and reputation is accelerating as we continue to pursue the principles which have characterized our practice of karate as a physical art, a sport, and character training. I eagerly look forward to the First ISKF World Shoto Championships in Toronto, Canada this coming fall. This event will reaffirm our position as a world class organization. Our greatest days are ahead.

JUDGE PAUL RIBNER
President, ISKF

Celebrating Our Coming of Age: The 2008 ISKF World Shoto Cup

By Jin Tan, 5th Dan

(Tournament information can be found on the ISKF and ISKF Canada Websites.)

The 2008 ISKF World Shoto Cup will be held this October in Toronto, Canada. It marks the coming of age of our organization, the International Shotokan Karate Federation, as a full-fledged, independent, global organization.

"I am expecting more than 40 countries to take part in the tournament, which is a few more than what they had last time in Australia," says Sensei Frank Woon-A-Tai, the man in charge of organizing the tournament. "I understand that Jamaica alone will field over 50 competitors."

"Visitors will have a great time," promises Sensei Woon-A-Tai, Chairman and Technical Director of ISKF Canada. "This is one of the few world championship tournaments to be held in a downtown venue, right in the heart of the city."

Although this is the first ISKF World Shoto Cup as a global organization, Sensei Woon-A-Tai points out, the ISKF itself is not a new organization. It was established 30 years ago by Master Okazaki, but "the seeds were sown much earlier, when Master Okazaki arrived in the United States in 1961." This edition of the Shoto Cup will showcase the great strides our organization has made over the years and give a glimpse of what can be accomplished in the future as a major, independent, karate organization.

These are busy and exciting times indeed for Sensei Woon-A-Tai. With so much to do, the amiable 7th dan is constantly juggling tasks to keep things on schedule. Fortunately many people have pitched in to help lighten the load. Sensei Woon-A-Tai bubbles with enthusiasm when he talks about the task ahead.

I want to thank the head of my tour-



namment committee, Hazel Lord. She has a gift for planning events such as this. I also want to thank Tim Mahoney, who designed the logo and the medal, and I want to thank Jin Tan, my writer. I wish I could thank everyone by name; it is not my intention to leave anyone out, but the constraints of space make it impossible.

This tournament means a lot to me personally. I feel extremely honored that Masters Okazaki and Yaguchi had the confidence in me to give me the job of hosting such an important and historical event. Successfully pulling off this world-class event has become my personal challenge. I will do my best because it is perhaps the most

important event I will ever host. All my colleagues, students, and friends have pledged their help to make this a resounding success."

For reasons of accessibility, Toronto was perhaps the logical choice for the tournament. Aside from being one of the top karate countries in the world, Canada is known for its hospitality and will be ready to "welcome our ISKF family from around the world."

Sensei Woon-A-Tai is one of the staunchest supporters of the ISKF. The confidence that Master Okazaki and Master Yaguchi show in him is based on a long-standing relationship that goes back to the early seventies.

"I have known Mr. Woon-A-Tai for a long time," says Master Okazaki. "I met him when he was still living in Guyana, when he was developing the karate organization there...he then moved to Jamaica and then to Canada. He built strong karate organizations everywhere he went. We know his record as an instructor, organizer, and administrator. We are very proud of the work he has done promoting martial arts. That is why Master Yaguchi nominated his appointment as Vice-Chairman of the ISKF technical committee. We know he will play an integral part of the future of the ISKF."

International tournaments are rarely

free of controversy. The question of impartiality has become a serious bone of contention. Despite the parity of competition, too often the results have not reflected the shifting balance of power. Japan has always set the standard for these tournaments, Sensei Woon-A-Tai notes, but "because of the high-level training available outside of Japan, the gap between Japanese and non-Japanese com-



From left: Mr. Tim Mahoney, Mr. Jin Tan, Ms. Hazel Lord, Sensei Frank Woon-A-Tai

Photo by ISKF Canada

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might have a tendency to think but rather about keeping an open mind and staying flexible no matter what the situation.

Master Kanazawa explains when applying this principle to kumite,

"Kumite is having harmony with your opponent... If you do not have good timing you have nothing - your technique is worthless. Always look at your opponent's eyes and do what your opponent does. Junior students should start with only looking at one eye."

ISKF Spotlight Interview - Master Camp 2007.

As the ISKF grows globally we hope to have a new record for the number of countries represented at the 2008 International Goodwill Tournament. The Goodwill Tournament will be held on Thursday, June 12th.

Find out how to register early at www.iskf.com and save \$30.00 off the camp tuition.

The 2008 ISKF World Shoto Cup

petitors has closed in the past 20 years."

Historically non-Japanese teams had little chance of winning, due to the disproportionate number of Japanese judges. The usual explanation was that Japan has the most qualified judges. Conflicts of interest caused problems. As a democratic organization, we will ensure a level playing field. All competitors have an equal opportunity to become a world champion. By upholding the principle of fairness we, as an organization, enhance our credibility by gaining the respect of all concerned.

There are many strong teams out there. "Watch for the United States, Canada, of course, Brazil, Mexico, and the Caribbean countries, especially Guyana, Trinidad, Barbados, and Jamaica. As well, there are a number of countries outside of the Pan-American region - like Israel, Lebanon, and Italy - that are going to be tough because they are all hungry."

According to Sensei Woon-A-Tai, the high standards we see outside Japan today

Interview with Isidor Peled 6th Dan Chief Instructor Israel

Mr. Peled first trained under Master Okazaki in 1978 at a clinic. Since then he has been a loyal student and believes that being a part of the ISKF has been the best thing that has ever happened to him and his friend, Instructor Oded. They both travel from Israel every year to attend Master Camp. This year will be their 20th consecutive Master Camp! Spotlight was fortunate enough to be able to sit with Mr. Peled to discuss some of his teaching philosophies and views during his last visit to ISKF Honbu Dojo.

Spotlight: What principle did you focus on during your training this visit? And what insights are you taking home to your students?

Isidor Peled: Being black belts means understanding that they must not forget the basics. Someone who feels they have learned everything there is to learn is dead inside. Only living people are able to learn.

Spotlight: What is your typical training regimen?



Mr. Isidor Peled received a Kangeiko certificate.

Isidor Peled: Every morning I self train. I try to set a good example for my students and it works - some of them are also self training in the morning. After I teach for approximately 6 hours a day. I rest on the weekends.

Spotlight: The Middle East has not seen peace for many years. Do you think karate can help bring people together?

Isidor Peled: My favorite motto is: Bring peace to everybody and leave the politics outside. All nationalities and religions are welcome at the dojo. There are no politics there.

Spotlight: Thank you for speaking with us. Safe travels home. See you at Master Camp!

are largely the product of the pioneering work of senior instructors like Masters Okazaki, Yaguchi, Enoeda, Ochi, Nishiyama, and Shirai. "These masters, and the many others, sent by Master Nakayama during the 1960s to spread karate to the rest of the world were, and still are, the best of the best. Their dedication to teaching the finer points of karate allowed us to catch up to the Japanese. There is no difference in the quality of instruction between Japanese instructors living in Japan and the masters living outside Japan."

These masters produced a generation of non-Japanese students who are now legendary instructors themselves. Take Sensei Maynard Miner, 7th dan, for instance. He was around when the JKA opened its first dojo. He was in the military at the time he joined the organization. Another example is Sensei Robin Rielly, 7th dan, a karate scholar and published author. His work has helped thousands of students understand Japanese culture and traditional karate from a Western perspective. Then there is Sensei James Field, 7th dan, and fellow co-chair-

man of the ISKF Technical Committee. He is a legend in his own right not only as an instructor, but also as a tournament competitor. He competed and bested the best. These humble gentlemen deserve more international recognition for their years of dedication.

I can state for the record that the ISKF is a highly respected organization. It has been around a very long time. Our technical committee is particularly strong with the likes of Sensei(s) Amin, Cline, Shim, Turnbull, H.Okazaki, Swain, Jones, and Loreth. Moreover, we have talented and highly experienced seventh-dan instructors like Maureen Woon-A-Tai, Carl Shaw, and Leon Sill. This world tournament will show the genius of Master Okazaki. It will highlight his life's work in training us to be the best of the best. It will show our affection for him and Master Yaguchi, as our instructors and friends for 47 years. They have dedicated the better part of their lives to our education; therefore I expect a very large turnout in support of their work.

Master Funakoshi's Niju Kun

by

Master Teruyuki Okazaki

Master Okazaki examines the eleventh principle of Master Gichin Funakoshi's Niju Kun:

Karate Wa Yu No Gotoku Taezu Netsu O Atae Zareba Motono Mizuni Kaeru

Karate is just like hot water; if you do not give it continuous heat, it will become cold

The maximum temperature for water is one hundred degrees Celsius, and then it dissipates into steam. In this way, you might say water has "limits." Similarly, the human body has limits. You can only do so much, physically, before you are unable to do any more. But the human mind is not limited. That is why at some point, physical training becomes inefficient, and mental training becomes necessary to achieve positive results. When you are young, both the mind and body are full of energy and can develop, but the body grows more quickly. After age 35, the body no longer grows in ability. But the mind continues to expand.

After reaching the maximum level of your ability, you must keep making an effort to stay there. If you relax in training your ability will decrease.

What Master Funakoshi is telling us with this principle is to make a consistent effort to train efficiently for maximum results. Self-training

should not be approached casually just because you're not in the dojo-it should be done with a total commitment. If you are serious, just ten minutes a day will keep you at your level, keep your water boiling-again, if you are making a maximum effort. If you are truly giving one hundred percent, ten minutes can be a long time.

With correct training everything in life is balanced; without it, we lose that sense of balance. If you are a black belt and take a year from training, there is danger in returning. Your mind will remember, and so your reflexes will hunger for applications that your body cannot withstand. You can easily injure yourself by overextending. When this is the case, you must start slowly when you begin training again. You will be comforted to learn that karate has not left you-you can even defend yourself in an emergency. But for regular training, your mind will be ahead of your body.

The first test of training is to find your time. Ten minutes a day,

seven days a week. It makes a real difference. Not many do this. People say, I will train more, thirty minutes every day. And then they find excuses for missing just one day, just two days. But ten minutes a day? How many gyaku-zuki can you do in ten minutes? With full concentration, speed and time? How many katas? Not once or twice, but every day. Every week. Every year. The feeling is different. And your karate will be different.

This principle-again, as they all do-applies to all aspects of life. Take ten minutes every day to do something that is important to your life. Maybe it's playing a musical instrument, or playing golf, or writing. Whatever it is, do it ten minutes every day. Play your guitar. Swing your golf club. Write a page or two. So long as you do it every day. By doing so, you are able to maintain your level of achievement-you are able to keep the water boiling.

Keep your balance. Keep self-training. Ten minutes, every day. Don't let the water cool, and see how much more you get out of life.

MASTER OKAZAKI AWARDED RANK OF 10TH DAN

During the 2007 ISKF/US National Championships in San Francisco, CA, the ISKF Technical Committee announced the promotion of rank for Master Teruyuki Okazaki to 10th Dan and Master Yutaka Yaguchi to 9th Dan. Everyone was delighted to be part of this occasion. For those in attendance, this marked another historic moment in the history of the ISKF.

"This is the highest rank a person can

achieve - it means I will continue to challenge myself and continue to remind myself that this is back to the beginning - really back to tenth kyu! Dan means step in Japanese. After ten steps there is still no end to training. Karate is for a lifetime and now I can see the next mountain. I am back to the beginning." Master Teruyuki Okazaki said.

Master Okazaki has been training for over 61 years and Master Yaguchi for over 56 years. They have always had close relations. Master Okazaki came to the US in

1961 with the intentions of staying for 6 months, enough time to introduce karate to the West. Philadelphia has been his home ever since.

Both Master's Okazaki and Yaguchi have dedicated their lives to the art of karate. They both hold a lifetime of valuable technical experience and are living examples of true martial artists who follow the Dojo Kun.

Dan and Judge Examination Results

Held at the ISKF/US Nationals October 19, 20, 2007, San Francisco, CA

Dan	Judge	
Shodan Sal Celis (USA/NW)	Class D Chiho Bare (USA/MA) Leonard Higdon (USA/MT) Christine Medaglia (USA/SW) Doug Murray (USA/AK) Dan Rogers (USA/AK) Inbal Sapir (USA/SW) James Sim (USA/EC) J-D Swanson (USA/SO) William Szydlause (USA/SW) Jeffrey Weber (USA/MA) Kim Weber (USA/MA)	Class B Lee Doohen (USA/NC) Kei Fukuda (USA/SW) Jeffrey Heermans (USA/MT) Joji Mercado (USA/NW) Jeff Trammell (USA/NC)
Nidan Chelsie Smith (USA/NW)		Class C Rita Doohen (USA/NC) Holly Forsyth (USA/SW) Beth Fournier (USA/NW) Carol Glenn (USA/MA)
Sandan David Lay (Philippines)		
Shichidan Leon Sill (USA/SO)		
	For "Class D" 1 year re-exam Glen Glenn (USA/MA)	

ISKF UP COMING EVENTS

- 28TH ANNUAL ISKF CANADIAN KARATE CHAMPIONSHIPS
MAY 17 - 18, 2008, QUEBEC CITY
- 42ND ANNUAL ISKF MASTER CAMP AND INTERNATIONAL GOODWILL TOURNAMENT
JUNE 6 - 13, 2008, CAMP GREEN LANE, PENNSYLVANIA, U.S.A.
- 1ST ISKF WORLD SHOTO CUP
OCTOBER 9 - 13, 2008, TORONTO, CANADA
- ISKF/US NATIONALS
NOVEMBER 15 - 16, 2008, LOS ANGELES, CA

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T O K A I D O

**27th JKA-WF OF CANADA NATIONAL
KARATE CHAMPIONSHIPS
TORONTO, ONTARIO
OCTOBER 6-7, 2007**

WOMEN'S BLACK BELT KATA

- 1 Michelle Novak - AB (36.8)
- 2 Crystal Burke - AB (36.3)
- 3 Kimchi Nguyen - AB (36.1/36.2)
- 4 Isabelle Bordage - NB (36.1/36.1)
- 5 Kimberly Ding - AB (35.8)
- 6 Serena Nelko - MB (35.6)
- 7 Anh Thu Do - QC (35.5)
- 8 Sarah Jones - AB (35.4)

WOMEN'S BLACK BELT KUMITE

- 1 Carole Haddad - QC
- 2 Michelle Novak - AB
- 3 Sofia Mojica - ON
Crystal Burke - AB
- 4 Crissy Murphy - ON
Maya Al-Sid-Cheikh - QC
Barbara Boily - QC
Valerie Gravel - QC

WOMEN'S TEAM KATA

- 1 Ontario (36.7)
- 2 Quebec (36.2/36.0)
- 3 Alberta (36.2/35.7)
- 4 Manitoba (35.9)
- 5 New Brunswick (35.6)
- 6 Nova Scotia (35.4)

WOMEN'S TEAM KUMITE

- 1 Alberta
- 2 Quebec
- 3 Ontario
- 4 Manitoba
- 5 New Brunswick
Nova Scotia

MEN'S BLACK BELT KATA

- 1 Stan Tio - ON (36.9)
- 2 Colin Chin - AB (36.5/36.8)
- 3 Nhat-Thi Nguyen - QC (36.5/36.5)
- 4 Ignacio Gamsawen - ON (36.2)
- 4 Kenji Doshida - AB (36.2)
- 5 Dax Head - AB (35.9)
- 6 Andy Allen - NS (35.6)
- 7 Ray Tio - ON

MEN'S BLACK BELT KUMITE

- 1 Christian LeDuc - QC
- 2 Stan Tio - ON
- 3 Marco Coulombe - QC
Malcolm Noble - ON
- 4 Ray Tio - ON
Kenji Doshida - AB
Moustapha Sougou - MB
Dax Head - AB

MEN'S TEAM KATA

- 1 Ontario (36.8)
- 2 Alberta (36.5)
- 3 Quebec (36.2)
- 4 Nova Scotia (35.8)
- 5 Manitoba (35.6)
- 6 New Brunswick (34.9)

MEN'S TEAM KUMITE

- 1 Alberta
- 2 Ontario
- 3 Quebec
- 4 Manitoba
- 5 New Brunswick
Nova Scotia

WOMEN'S BROWN BELT KATA

- 1 Nicole McVarish - NS (18.5)
- 3 Lori Cormier - NB (18.3/18.3)
- 3 Julie Gagnon - ON (18.3/18.0)
Justine L. Kerrivan - ON (18.0)

WOMEN'S BROWN BELT KUMITE

- 1 Nicole McVarish - NS
- 2 Julie Gagnon - ON
- 3 Evelyn Barrera Fuentes - QC
Jennifer Sayegh-Smith - QC

WOMEN'S SENIOR KATA

- 1 Marie Leung - ON (21.9)
- 2 Gail Gouchie - NB (21.4)
- 3 Daphne Gill - PEI (21.2)
- 4 Carol Gould - NB (20.9)
- 5 Wendy Morrow - ON (20.7)

MEN'S BROWN BELT KATA

- 1 Dan Sabadics - ON (18.3)
- 2 Philip O'Brien - NS (18.2)
- 3 Dindyal Naipaul - ON (18.1)
- 4 Guy Soucy - NB (17.9)

MEN'S BROWN BELT KUMITE

- 1 Mark Smytaniuk - SK
- 2 Guy Soucy - NB
- 3 Kyle Roa - AB
Philip O'Brien - NS

MEN'S SENIOR KATA

- 1 Paul Wentzell - ON (21.6)
- 2 Jin Tan - ON (21.5)
- 3 Martin Forgie - ON (21.3)
- 4 Chin Hung Chiu - ON (20.9)

MALE GRAND CHAMPION

Stan Tio, Ontario

FEMALE GRAND CHAMPION

Michelle Novak, Alberta

GIRL'S KATA (11 & under)

- 1 Alexa Villanueva - AB (18.6)
- 2 Laurence Bordage - NB (18.0/18.0)
- 3 Charlotte St. Germain - ON (18.0/17.6)

GIRL'S KUMITE (11 & under)

- 1 Alexa Villanueva - AB
- 2 Laurence Bordage - NB
- 3 Alexandra Rebelo - ON
Charlotte St. Germain - ON

GIRL'S KATA (12-14)

- 1 Leah Villanueva - AB (18.7)
- 2 Joannie Levesque - QC (18.4)
- 3 Sydney Tan - ON (18.3)
- 4 Elizabeth Paradis - QC (18.2)

GIRL'S KUMITE (12-14)

- 1 Leah Villanueva - AB
- 2 Jana Dao - AB
- 3 Janie Chevarie - QC
Rita Atallah - QC

GIRL'S KATA (15-17)

- 1 Kimmy Nguyen - AB (18.9)
- 2 Maia Nelko - MB (18.5)
- 3 Amelie Belley - QC (18.4)
- 4 Valery Mattias - QC (18.1)

GIRL'S KUMITE (15-17)

- 1 Valery Mattias - QC
- 2 Amelie Belley - QC
- 3 Kimmy Nguyen - AB
Sophie Regnier - QC

BOY'S KATA (11 & under)

- 1 Jordan Smy - ON (18.7)
- 2 Ganeshan Sivakumaran - ON (18.1)
- 3 Damien Fung - ON (18.0)
- 4 Ryan Weller - ON (17.9)

BOY'S KUMITE (11& under)

- 1 Jordan Smy - ON
- 2 Jessy Morin - NB
- 3 Rigel Nobel-Koza - ON
Ganeshan Sivakumaran - ON

BOY'S KATA (12-14)

- 1 Nathan McCartney - AB (18.6)
- 2 Jeffrey Soucy - NB (18.5)
- 3 Joseph Atallah - QC (18.4)
- 4 Chris Miranda - AB (18.3)

BOY'S KUMITE (12-14)

- 1 Joseph Atallah - QC
- 2 Vincent Atallah - QC
- 3 Laurent Jacob - QC
Roger Ramdial - ON

BOY'S KATA (15-17)

- 1 Cat-Minh Nguyen - QC (18.8)
- 2 Maxime Lebrun - QC (18.6)
- 3 Eli Richard - QC (18.5)
- 4 Owen Song - ON (18.2)

BOY'S KUMITE (15-17)

- 1 Cat-Minh Nguyen - QC
- 2 Arthur Woznowski-Vu - QC
- 3 Dylan Mundy - ON
Maxime Lebrun - QC

COMBINED TEAM KATA (11 & under)

- 1 Ontario (Jordan Smy, Alexandra Rebelo, Charlotte St. Germain) - 18.6
- 2 Ontario (Atul Gautam, Ryan Weller, Rigel Nobel-Koza) - 18.1
- 3 Ontario (Steven Pietrangelo, Gabriel St. Germain, Sandor Farkas) - 17.7

GIRL'S TEAM KATA (12-14)

- 1 Quebec (Audrey LaPierre, Rita Atallah, Janie Chevarie) - 18.6

BOY'S TEAM KATA (12-14)

- 1 Alberta (Chris Miranda, Akira Fukusima, Ismail Bynoe) - 18.5
- 2 Ontario (Anirudh Gautam, Harish Krishna-Kumar, Cody Smy) - 18.4
- 3 Manitoba (Ruski Enrick Sungalon, Deril Carranza, Mathew Pilot) - 18.2
- 4 New Brunswick (Jeffrey Soucy, Jonathan Levesque, Jessy Morin) - 18.0
- 5 Ontario (Damien Fung, Christian Rei, Chris Lawrynuik) - 17.9

GIRL'S TEAM KATA (15-17)

- 1 Alberta (Kimmy Nguyen, Leah Villanueva, Alexa Villanueva) - 18.8
- 2 Quebec (Valery Mattias, Sophie Regnier, Marie Claude Gravel) - 18.5
- 3 Manitoba (Alica Ingrassi, Maia Nelko, Zoe Stewart) - 18.3

BOY'S TEAM KATA (15-17)

- 1 Ontario (Matthias Ramirez-Motta, Dylan Mundy, Roger Ramdial) - 18.8
- 2 Quebec (Cat-Minh Nguyen, Joseph Atallah, Vincent Atallah) - 18.7
- 3 Quebec (Maxime Lebrun, Alexandre Pelletier, Cedric Deschenes) - 18.5
- 4 Manitoba (Dilon Pilot, Robert Holter-Ferguson, Paddy Stewart) - 18.3
- 5 Prince Edward Island (Curtis Manuel, Geoff Tasker, Aaron Zidichouski) - 18.0

ISKF/US NATIONALS - SAN FRANCISCO, CA**OCTOBER 20 - 21, 2007**

YOUTH DIVISIONS

Ages 7-9, Beginners, Boys & Girls Combined

Kata: 1. Arabella Prestosa Northwest
 2. Alyssa Mercado Northwest
 3. Caleb Yabut Northwest

Kumite: 1. Gabby Natividad Northwest
 2. Alyssa Mercado Northwest
 3. Noah Kennedy Mid-America
 3. Arabella Prestosa Northwest

Ages 7-9, Color Belt, Boys & Girls Combined

Kata: 1. Seth Perez Southwest
 2. Ajaafaye Cisnero Southwest
 3. Tanner Korin Northwest

Kumite: 1. Ajaafaye Cisnero Southwest
 2. Jesus Reyes Northwest
 3. Seth Perez Southwest
 3. Joseph Blinder Northwest

Ages 7-9, Advanced, Boys & Girls Combined

Kata: 1. Christine Cornel Southwest
 2. Austyn Paminiano Northwest
 3. Samantha Hom Northwest

Kumite: 1. Christine Cornel Southwest
 2. Samantha Hom Northwest
 3. Austyn Paminiano Northwest

Ages 10-11, Beginners, Boys & Girls Combined

Kata: 1. Nicholle Unisa Northwest
 2. Frances Paran Northwest
 3. Joshua Loyola Northwest

Kumite: 1. Nicholle Unisa Northwest
 2. Joshua Loyola Northwest
 3. Frances Paran Northwest

Ages 10-11, Color Belt, Boys & Girls Combined

Kata: 1. Victor Gomez Southwest
 2. Hexter San Gabriel Northwest
 3. Katherine Gordon Mid-America

Kumite: 1. Victor Gomez Southwest
 2. Katherine Gordon Mid-America
 3. Kevin Del Rosario Northwest

Ages 10-11, Advanced, Boys & Girls Combined

Kata: 1. Payam Rastegar East Coast
 2. Igor Davidovich Northwest
 3. Raen Zuleta Northwest

Kumite: 1. Payam Rastegar East Coast
 2. Nicholas Kwong Northwest
 3. Jesse Weber Mid-America
 3. Dana Little Mid-America

Ages 12-13, Color Belt

Boys & Girls Combined

Kata: 1. Omara Ramonetti Southwest
 2. Taro Okada Southwest
 3. Katarina Valdez Northwest

Kumite: 1. Omara Ramonetti Southwest
 2. Taro Okada Southwest
 3. Katarina Valdez Northwest

Ages 12-13, Advanced

Kata, Boys & Girls

1. Shin Ikuno Northwest
 2. Isabella Cabana Southwest
 3. John Filo Northwest

Kumite, Boys

1. Shin Ikuno Northwest
 2. Miles Morgan East Coast
 3. Ethan Kramp Alaska
 3. John Filo Northwest

Kumite, Girls

1. Isabella Cabana Southwest
 2. Ann Michael Yabut Northwest
 3. Jessica Blakeslee Northwest
 3. Rebecca Hom Northwest

Ages 14 -15, Beginner

Kata, Boys & Girls

1. Jacob Salvador Northwest
 2. William Higgins Northwest
 3. Patrick Catanyag Northwest

Kumite, Boys

1. William Higgins Northwest
 2. Jacob Salvador Northwest
 3. Patrick Catanyag Northwest

Ages 14-15, Advanced

Kata, Boys & Girls

1. Michael Cornel Southwest
 2. Ivan Law Southwest
 3. Thomas Truong Northwest

Kumite, Girls

1. Chelsea May Northwest
 2. Jacquelyn Wood Alaska
 3. Bianca Dito Northwest

Kumite, Boys

1. Michael Cornel Southwest
 2. Kyle Lindsey Alaska
 3. Thomas Truong Northwest
 3. Ivan Law Southwest

Ages 16-17, Advanced

Kata, Boys & Girls

1. Aino Mercado Northwest
 2. Jeanette Baker East Coast
 3. Jacob Moskowitz East Coast

Kumite, Girls
 1. Jeanette Baker East Coast
 2. Nicole Losey East Coast
 3. Rebekah Martin Alaska
 3. Lexie Pry Mid-America

Kumite, Boys
 : 1. Aino Mercado Northwest
 2. Charles Wood Alaska
 3. Joshua Dickter East Coast

Youth Team Kata
 1. Alaska
 2. Southwest
 3. Northwest

COLLEGIATE DIVISIONS

Collegiate Beginners
 Kata: 1. Cheng Yuan Peng Penn State
 2. Steven Wein Moorpark College
 3. Chris Willette Univ. of Central Arkansas

Kumite: 1. Cheng Yuan Peng Penn State
 2. Jordan Haas Univ. of Central Arkansas
 3. Steven Wein Moorpark College
 3. Alex Devaux Penn State

Collegiate Color Belt
 Kata: 1. Jason Perman Penn State
 2. Carissa Ganong Univ. of Central Arkansas

Kumite: 1. Jason Perman Penn State
 2. Carissa Ganong Univ. of Central Arkansas

Collegiate Advanced Women
 Kata: 1. Jackie Hagan University of Washington
 2. Phivan Ha Cal State Northridge
 3. Tian Liang Penn State

Kumite: 1. Jackie Hagan University of Washington
 2. Ailin Liu Penn State
 3. Tian Liang Penn State

Collegiate Advanced Men
 Kata: 1. Ben Cheeseman University of Alaska
 2. Pedram Rastegar George Mason University
 3. Marcus Fowler Penn State

Kumite: 1. Pedram Rastegar George Mason University
 2. Garrett Quon Cal State Los Angeles
 3. Jay Banaria City College of San Francisco
 3. Marcus Fowler Penn State

Collegiate Team Kata
 1. Penn State
 2. University of Central Arkansas

Collegiate Men's Team Kumite
 1. Penn State
 2. University of Central Arkansas

ADULT BROWN BELT

Brown Belt, Women
 Kata: 1. Tian Liang East Coast
 2. Heather Foltz Alaska
 3. Omayra Cruz Southwest

Kumite: 1. Liz Sambach Western
 2. Tian Liang East Coast
 3. RaeJean Gordon Mid-America
 3. Heather Foltz Alaska

Brown Belt, Men
 Kata: 1. Conor Wentz East Coast
 2. John Fernandez Northwest
 3. Derek Wood East Coast

Kumite: 1. Marcus Fowler East Coast
 2. Todd Fenk Northwest
 3. Conor Wentz East Coast
 3. Isao Arai Southwest

SENIOR DIVISION

Women's Senior Kata
 1. Phillipia Holness Alaska
 2. Carol Glenn Mid-America
 3. Ivey Losey East Coast

Men's Senior Kata
 1. Jeffrey Heermans Mt. States
 2. Richard Moore Southwest
 3. Dan Rogers Alaska

Senior Team Kata
 1. Alaska
 2. North Central
 3. Mid-America--

ADULT BLACK BELT DIVISIONS

Black Belt Women
 Kata: 1. Chelsie Smith Northwest
 2. Yvonne Clarabel Northwest
 2. Christina Valdez Northwest

Kumite: 1. Christina Foo Northwest
 2. Chyni Coleman Mid-America
 3. Benilda Ottley East Coast
 3. Joanna Baker East Coast

Black Belt Men

- | | | | |
|-------|----|--------------------|------------|
| Kata: | 1. | Jumbo Banaria | Northwest |
| | 2. | Takamichi Maeshima | East Coast |
| | 3. | Justin Nepo | East Coast |

- | | | | |
|---------|----|----------------|-----------|
| Kumite: | 1. | Khim Torres | Northwest |
| | 2. | Jihone Du | Western |
| | 3. | Simeon Ekrisin | Western |
| | 3. | Jumbo Banaria | Northwest |

WOMEN'S TEAM KATA

1. Northwest
2. East Coast
3. Alaska

MEN'S TEAM KATA

1. Northwest
2. East Coast
3. Mid-America

WOMEN'S TEAM KUMITE

1. East Coast
2. Northwest
3. Alaska

MEN'S TEAM KUMITE

1. East Coast
2. Northwest
3. Western

**OUTSTANDING FEMALE COMPETITOR:
Chelsie Smith, Northwest Region**

**OUTSTANDING MALE COMPETITOR:
Jumbo Banaria, Northwest Region**

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USA VS. PHILIPPINES**

Team Kata

1. USA
2. Philippines

Team Kumite

1. USA
2. Philippines

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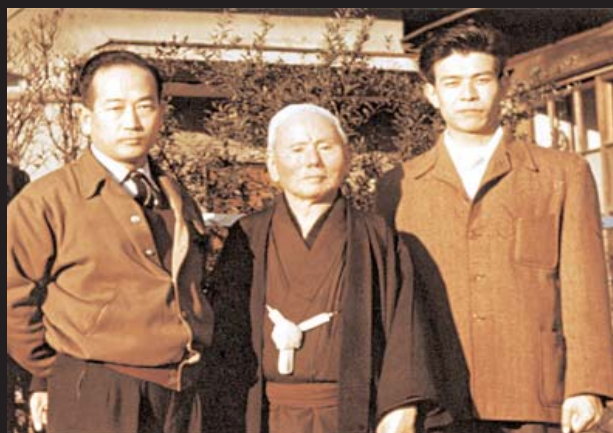
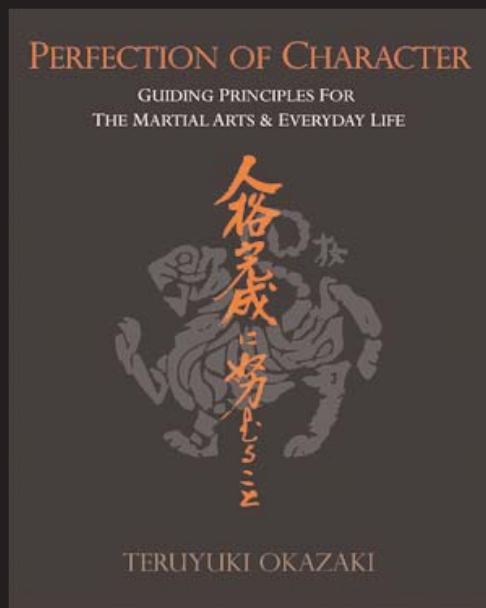
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