



**International Shotokan Karate Federation
of Canada**

***2026 National Seminar & Championship, and
Invitational Youth Tournament***

Information Package

May 14 - 17, 2026
Calgary, Alberta

Sanctioned by:
International Shotokan Karate Federation
David Jones, ISKF Canada Chairman

Hosted by ISKF Alberta

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Schedule of Events

Thursday, May 14, 2026		
Time	Event	Location
6:00pm - 7:00pm	White to Brown Belts Training Seminar	ISKF Calgary Dojo <i>(3515 32 Street NE)</i>
7:00pm - 8:00pm	Black Belts Training Training Seminar	

Friday, May 15, 2026		
Time	Event	Location
8:00am - 10:00am	ISKF Canada Board Meeting <i>(Provincial Directors)</i>	Violet Room, Alt Hotel
10:00am - 11:00am	Brown and Black Belts Training Seminar	University of Calgary <i>(MacEwan Hall)</i>
11:00am - 12:00pm	White to Purple Belts Training Seminar	
12:00pm - 1:00pm	**Lunch Break**	
1:00pm - 2:00pm	Open Training	
2:00pm - 3:30pm	White to Brown Belts Training Seminar	
3:30pm - 4:30pm	Black Belts Training Seminar	
4:30pm - 5:30pm	Dan Examinations	
6:00pm - 7:00pm	Kids Class, All belts Training Seminar	

Saturday, May 16, 2026		
Time	Event	Location
8:00 am - 9:00 am	Registration	University of Calgary <i>(MacEwan Hall)</i>
8:00am - 9:00am	White to Brown Belts Training Seminar	
9:00am - 10:00am	Black Belts Training Seminar	
10:00am - 11:30am	Judges Written and Practical Exams <i>(Sensei Jones)</i>	
11:30 - 1:00pm	**Lunch Break**	
1:00pm	Opening Ceremonies	
1:00pm - 5:30pm	Youth Tournament <ul style="list-style-type: none"> ● <i>Ages 17 and under</i> ● <i>White to Black Belts</i> 	

Sunday, May 17, 2026		
Time	Event	Location
9:00am – 12:00pm	National Championship <ul style="list-style-type: none"> ● <i>Adult Colour Belts</i> ● <i>Seniors (45+) Black Belts</i> 	University of Calgary <i>(MacEwan Hall)</i>
9:00am – 12:00pm	National Championship Eliminations <ul style="list-style-type: none"> ● <i>Adult Black Belts</i> 	
1:00pm – 5:00pm	National Championship Finals <ul style="list-style-type: none"> ● <i>Adult Black Belts</i> 	
6:00pm – late	Tournament Celebration Party <ul style="list-style-type: none"> ● All ages party! 	The Banquet (University District) - 3953 University Ave NW #220, Calgary, AB

Summary of Tournament Fees

Event	Fee	
Training Seminars	3 or more classes	\$80
	2 classes	\$55
	1 class	\$30
Judges Clinic / Instructor Trainee Class	\$40	
Judges Exam (includes clinic fee)	\$120	
Tournament Fee (per individual)	\$50	
Tournament Fee (per team)	\$75	
Tournament Celebration tickets	\$20	

Venue

The seminars, clinics, exams, and tournament will be held at the ISKF Calgary Dojo (3515 32 St NE) and the University of Calgary's MacEwan Hall Ballroom at 2500 University Dr. NW. Signage within the building will direct you to our karate events and registration desk.

Hotel

The Alt Hotel is the official tournament hotel. It is located in the University District in Calgary, and is only 15 minutes walking distance to the tournament/seminar venue (MacEwan Hall), and is close to the C-Train station.

We have secured discounted rates for a limited number of hotel rooms from Thursday, May 14 to Monday, May 18. **The special rate for a traditional room is \$175 per night.** The special rate is available on a first come first serve basis, but must be booked by Wednesday April 1, 2026.

To book with the special rate:

- [Book online here](#)
- Call 1-403-648-0482. and mention the booking is for ISKF Karate Nationals

We have also secured a group rate at the Best Western Plus Village Park Inn (Banff Trail). **The special rate for a traditional room is \$189 per night.** The special rate is available on a first come first serve basis, but must be booked by Wednesday April 1, 2026.

To book with the special rate:

- Book online here
- Call 1-403-289-0241 (ext. 0) and mention the booking is for ISKF International Shotokan Karate Federation

Transportation

The hotel and venue are close to the C-Train station. Also taxi, rideshare, and car rental services are all available at YYC airport. The venue is walking distance from the official hotel and many other nearby accommodations.

On-Site Registration Desk

Please submit all your registration details online. <http://iskfcanada.com/nationals>

Registration deadline for all competitors is May 2, 2026. An on-site check-in desk will be set up at MacEwan Hall during the following days and times to check-in and confirm enrolment in event categories.

Team events and payments should be submitted by your provincial director by May 2, 2026 to info@iskfcalgary.ca

Date	Time
Friday, May 15	9:30am - 5:30pm
Saturday, May 16	8:30am - 12:30pm

Training Seminars

All ISKF members from across Canada are encouraged to attend these training classes that will be taught by certified Canadian instructors. Additionally, the training seminars are open to non-ISKF members as well.

Dan Exam

All dan examinees must submit at the Friday, May 15 registration desk the following items:

- ISKF Passport
- 2 copies of the Dan Registration Form
<https://iskf.com/wp-content/uploads/2023/08/Dan-Exam-Registration-Form-2023-fill-in-August.pdf>
- 2 passport sized photos (with first and last name printed on the back)
- Separate Examination Fee (USD)
- Separate Registration Fee (USD Money Order made payable to ISKF)

Summary of Grading Fees

Dan Exam Level	Exam Fee (USD)	Registration Fee (USD)
Shodan	\$100	\$120
Nidan	\$130	\$150
Sandan	\$150	\$180
Yondan	\$170	\$240
Godan	\$220	\$290

All Grading fees are required to be paid in US dollars.

Judges Clinic

Instructor trainees and all qualified and aspiring judges (black belt and above) can register and attend the judges' clinic. Attendees must be dressed in their gi and bring their own whistle.

Judges Exam

The judges' written and practical exams will immediately follow the judges' clinic. All examinees must attend the judges' clinic. Please note that the judges' clinic fee and judges' registration fee is included in the examination fee. Please refer to ISKF qualifications required to take a judges' examination (<https://iskf.com/wp-content/uploads/2017/12/2018a-QUALIFICATION-JUDGE-v-dec-8-p-final.pdf>).

Tournament Celebration

In honour of our Canadian camaraderie, we are celebrating the conclusion of this weekend with a party. The party will be held at The Banquet (University District). We welcome all participants and their families. This is an all ages event. Party tickets are \$20/ person (includes one drink). The Banquet (University District) will have an a-la-carte menu for the evening as well as games for all.

Tournament Dress Code

All judges, for Saturday and Sunday, are to wear the official ISKF judge's uniform (whistle, maroon tie, white shirt, grey pants, and navy blazer).

All athletes must wear a white karate gi and those competing in the kumite division must wear a mouth guard and ISKF regulation fist protectors.

Opening Ceremonies

All judges (in uniform) and competitors (in gi) are requested to attend the opening ceremonies on Saturday, May 16 at 12:30pm. Please arrive by 12:15pm to be staged for a march-in ceremony.

ISKF Rules - Special Note

This year we will be applying the ippon and jyu-ippou kumite changes from the 8th Edition of the ISKF Tournament Rules (Memo June 2025, full 8th edition not yet available) where one of the counter attacks must be a kicking technique. Please direct additional questions to the Canadian members of the ISKF Technical Committee.

Youth Invitational Tournament Events

The Youth Invitational Tournament is occurring on Saturday, which is open to Shotokan practitioners from Canada and the USA that are aged 17 and under. This event will include categories for kata and kumite, including a demonstration category for shobu-ippou (free-sparring) for some kyu level categories. In order to compete in the demonstration category, competitors must compete in their traditional kumite division as well. **The below chart represents the approximate categories that will be offered, with a note that male and female divisions may be combined or separated (when appropriate) depending on the number of registrants.**

The ISKF Canada Technical Director reserves the right to combine or separate any categories.

Individual Events

Belt Level	Ages	Kata	Ippon Kumite	Jiyu-Ippou Kumite	Demonstration Shobu-Ippou Kumite	
White to Orange Belts	11 and under	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
	12 – 14	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
	15 – 17	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
Green to Purple Belts	11 and under	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>
	12 – 14	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>
	15 – 17	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>
Brown to Black Belts	11 and under	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
	12 – 14	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		
Brown Belts	15 – 17	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Black Belts	15 – 17	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	

Team Events

Belt Level	Ages	Team Kata	Team Kumite (3 person)
White to Purple Belts	Children and Youth	<input checked="" type="checkbox"/>	
Brown to Black Belts	Children	<input checked="" type="checkbox"/>	
	Youth	<input checked="" type="checkbox"/>	
	15 – 17 Female (Shobu-Ippou)		<input checked="" type="checkbox"/>
	15 – 17 Male (Shobu-Ippou)		

National Championship Adult Events

The National Championship adult tournament is occurring on Sunday, which is open to ISKF members from Canada over the age of 18. This event will include categories for kata and kumite, including a demonstration category for shobu-ippō (free-sparring) in the kyu level categories. In order to compete in the demonstration category, competitors must compete in their traditional kumite division as well. **The below chart represents the approximate categories that will be offered.**

The ISKF Canada Technical Director reserves the right to combine or separate any categories.

Individual Events

Belt Level	Sex	Ages	Kata	Ippon Kumite	Jiyu Kumite	Demonstration Shobu-Ippon Kumite
White to Orange Belts	Male	18+	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
	Female					
Green to Purple Belts	Male		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
	Female					
Brown Belts	Male		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female					
Black Belts	Male	18-21	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female					
	Male	22-44	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female					
	Male	45-54	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female					
	Male	55+	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	Female					

Team Events

Belt Level	Sex	Team Kata	Team Kumite
White to Brown Belts	Combined	<input checked="" type="checkbox"/>	
Brown to Black Belts	Female	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Male	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

There is no limit on the number of teams submitted per province

Waiver/Release Details

Participants (or parents/guardians of minors) must complete the **full Waiver and Release** as part of the online registration process. The waiver confirms that you understand and accept the inherent risks of participating in the event (seminars, clinics, exams, and tournament), release and indemnify the ISKF and related organizations from liability, confirm your medical fitness to participate, and acknowledge that these terms are binding on you (and the minor, if applicable). Once registration and the waiver are fully completed on the platform, a **complete PDF copy of the full waiver will automatically pop up for your review and records.**