

**30<sup>th</sup> ISKF CANADA NATIONAL KARATE CHAMPIONSHIPS  
WINNIPEG, MANITOBA  
OCTOBER 9-10, 2010**

<b>WOMEN'S BLACK BELT KATA</b>		<b>MEN'S BLACK BELT KATA</b>	
1	AB – Crystal Schatz – 42.3	1	QC – Kenji Doshida- 42.0/42.0
2	AB – Kimberly Ding – 41.7	2	QC – Marco Coulombe – 42.0/41.8
3	MB – Serena Nelko – 41.5	3	AB – Thomas Chin – 41.9
4	MB – Alicia Ingrilli – 41.3	4	ON – Ken Woon-A-Tai – 41.6
5	AB – Kimmy Nguyen – 41.2	5	AB – Brian Nguyen – 41.5
5	ON – Michelle Woon-A-Tai – 41.2	6	MB – Phil Harris – 41.3
6	QC – Joel'a Sureka-Pillay – 41.0	6	AB – Kelly Novak – 41.3
7	SK – Laurene Mitchell -40.5	7	AB – Jacob Houghton – 41.0
<b>WOMEN'S BLACK BELT KUMITE</b>		<b>MEN'S BLACK BELT KUMITE</b>	
1	AB – Crystal Schatz	1	QC – Christian Leduc
2	AB – Kimchi Nguyen	2	QC – Marco Coulombe
3	QC – Valerie Gravel QC – Jacinthe Aubin	3	QC – Kenji Doshida AB – Brian Nguyen
4	QC – Chantale Roy NS – Shannon Doane QC – Marie-Eve Genereux QC – Joel'a Sureka-Pillay	4	AB – Brendan McGowan AB – Herve Lamah MB – Phil Harris BC – Harjas Mankoo
<b>WOMEN'S TEAM KATA</b>		<b>MEN'S TEAM KATA</b>	
1	Alberta – 42.3	1	Ontario – 41.8
2	Quebec – 41.7	2	Quebec – 41.6
3	Ontario – 41.3	3	Alberta – 41.5
4	Nova Scotia – 41.0	4	Manitoba – 41.1
5	Manitoba – 40.9		
6	Saskatchewan – 40.8		
<b>WOMEN'S TEAM KUMITE</b>		<b>MEN'S TEAM KUMITE</b>	
1	Alberta	1	Quebec
2	Quebec	2	Alberta
3	Ontario	3	British Columbia
4	Nova Scotia	4	Manitoba
5	Manitoba	5	Ontario

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<b>WOMEN'S BROWN BELT KATA</b>		<b>MEN'S BROWN BELT KATA</b>	
1	SK – Gisele Vachon – 21.9	1	AB – Ronald Lee – 18.8
2	MB – Heather Hosegood – 21.7	2	MB – Quintton Smith – 18.6/18.9
3	AB – Sophanny Tiv – 21.4/21.7	3	MB – Kent Molyneaux – 18.6/18.4
4	MB – Paulette Shnier – 21.4/21.3	4	MB – Philip Cheng – 18.1
<b>WOMEN'S BROWN BELT KUMITE</b>		<b>MEN'S BROWN BELT KUMITE</b>	
1	AB – Sophanny Tiv	1	MB – Ho Lau
2	MB – Heather Hosegood	2	QC – Francois Larocque
3	QC – Josee Themens SK – Rae Waslak	3	MB – Philip Cheng BC – Parry Mudhar
<b>WOMEN'S SENIOR KATA</b>		<b>MEN'S SENIOR KATA</b>	
1	MB – Dawn Muir – 21.4	1	ON – Chris Troch – 24.9
2	SK – Nola Nevland – 21.0/21.1/28.1	2	SK – Christopher Lair – 24.6
3	NB – Carol Gould – 21.0/21.1/28.0	3	MB – Adrian Chiu – 24.5
4	AB – Dawn Rivard – 20.2	4	MB – Ken Block – 24.3
<b>WOMEN'S SENIOR KUMITE</b>		<b>MEN'S SENIOR KUMITE</b>	
1	AB – Catherine Williamson	1	SK – Mark Smytaniuk
2	AB – Dawn Rivard	2	ON – Chris Troch
3	MB – Dawn Muir	3	MB – Ken Block
3	SK – Nola Nevland	3	SK – Christopher Lair
<b>MALE GRAND CHAMPION</b>			
<b>QC – Kenji Doshida</b>			
<b>FEMALE GRAND CHAMPION</b>			
<b>AB – Crystal Schatz</b>			

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<b>GIRL'S KATA (9-11)</b>		<b>BOY'S KATA (9-11)</b>	
1	QC - Hayley Johnson-Bourgaize - 19.0	1	SK - John Simpso - 18.7
2	AB - Brittney Goodwin - 18.3	2	MB - Ron Knyazher - 18.5
3	SK - Brianne Blondeau - 18.0	3	AB - Rafael Tian - 18.4
4	AB - Sabrina Yepes - 17.9	4	SK - Brayden Caron - 18.3
<b>GIRL'S KUMITE (9-11)</b>		<b>BOY'S KUMITE (9-11)</b>	
1	QC - Hayley Johnson-Bourgaize	1	SK - John Simpso
2	MB - Nicole Kozen	2	QC - Guillaume Roy
3	AB - Brittney Goodwin AB - Sabrina Yepes	3	MB - Justin Cheng AB - Hector Vorng
<b>GIRL'S KATA (12-14)</b>		<b>BOY'S KATA (12-14)</b>	
1	AB - Alexa Villanueva - 19.3	1	BC - Kristopher Coppin - 19.0/19.1
2	QC - Janyck Godbout - 18.7	2	AB - Patrick Mraz - 19.1/18.9
3	QC - Anne-Sophie Touchette - 18.6	3	AB - Eric Taylor - 18.4
4	QC - Zoe Benoit - 17.8	4	AB - Alex Smith - 17.6
<b>GIRL'S KUMITE (12-14)</b>		<b>BOY'S KUMITE (12-14)</b>	
1	AB - Alexa Villanueva	1	BC - Kristopher Coppin
2	QC - Anne-Sophie Touchette	2	AB - Patrick Mraz
3	BC - Abigail Bos QC - Maud Guenette	3	AB - Alex Smith QC - Pierre Alexis Roy
<b>GIRL'S KATA (15-17)</b>		<b>BOY'S KATA (15-17)</b>	
1	AB - Leah Villanueva - 22.2	1	BC - Abbas Husain - 22.2
2	BC - Jasmine Gill - 21.7/21.7	2	QC - Laurent Jacob - 21.8
3	BC - Uroosa Husain - 21.7/21.6	3	AB - Akira Fukushima - 21.6
4	QC - Melissa Guenette - 21.6	4	BC - Victor So - 21.5
<b>GIRL'S KUMITE (15-17)</b>		<b>BOY'S KUMITE (15-17)</b>	
1	AB - Leah Villanueva	1	AB - Chris Miranda
2	BC - Jasmine Gill	2	BC - Cedimir Vasic
3	BC - Uroosa Husain QC - Janie Chevarie	3	BC - Abbas Husain QC - Pier-Olivier Chevarie

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**COMBINED TEAM KATA (9-11)**

- |          |  |
|----------|--|
| <b>1</b> | <b>Saskatchewan (John Simpo, Brayden Caron, Brianne Blondeau) – 18.7</b> |
| <b>2</b> | <b>Manitoba (Adam Brown, Jake Unger, Dylan Kernot) – 18.4</b>            |
| <b>3</b> | <b>Manitoba ( Arion Kennedy, Nicole Kozun, Ben Egdar-Prosen) – 18.3</b>  |

**GIRL'S TEAM KATA (12-14)**

- |          |   |
|----------|---|
| <b>1</b> | <b>Manitoba (Christine Schollenberg, Rhianna Holter-Ferguson, Ceilidh Simon) - 18.4</b> |
| <b>2</b> | <b>Quebec (Hailey Johnson Bourgoize, Laurence Guenette, Adriane Leblanc) – 18.0</b>     |
| <b>3</b> | <b>Alberta (Britany Prochnau, Jenny Mohr, Brittney Goodwin) – 17.9</b>                  |

**BOY'S TEAM KATA (12-14)**

- |          |   |
|----------|---|
| <b>1</b> | <b>Saskatchewan (Brent Blondeau , Kyle Deibert, Joshua Simpo) – 19.0/18.6/24.7/31.0</b>       |
| <b>2</b> | <b>Quebec (Pierre-Alexis Roy, Fabrice Jaillefer, Danick Tousignant) – 19.0/18.6/24.7/30.9</b> |
| <b>3</b> | <b>Manitoba (Andrew Charles, Rahim Mirza, Justin Cheng) – 18.8</b>                            |

**GIRL'S TEAM KATA (15-17)**

- |          |  |
|----------|--|
| <b>1</b> | <b>Quebec (Maude Guenette, Janyck Godbout, Melissa Guenette) – 19.1</b>        |
| <b>2</b> | <b>Quebec (Zoe Benoit, Anne-Sophie Touchette, Joanne Levesque) – 18.9</b>      |
| <b>3</b> | <b>Quebec (Janie Chevarie, Tania Sharkley, Kimberley Godbout) – 18.8</b>       |
| <b>4</b> | <b>Saskatchewan (Nicole Boutin, Michelle Smytaniuk, Maria Mitchell) – 18.5</b> |

**BOY'S TEAM KATA (15-17)**

- |          |  |
|----------|--|
| <b>1</b> | <b>British Columbia (Abbas Husain, Victor So, Kyle Henry) – 19.2</b>   |
| <b>2</b> | <b>Alberta (Akira Fukushima, Chris Miranda, Patrick Mraz) – 18.8</b>   |
| <b>3</b> | <b>Manitoba (Dannyel Carranza, Derril Carranza, Zachary Krulicki) – 18.5</b>   |
| <b>4</b> | <b>Quebec (Laurent Jacob, Martin Blanchard, Maxime Migneault) – 18.3</b><br><b>Saskatchewan (Brett Deibert, Braeden Blondeau, Erik Nevland) – 18.3</b> |
| <b>5</b> | <b>Manitoba (Sebastien Genereux, Nicholas Waite, Dustin Muir) – 18.2</b>   |