



ISKF SPOTLIGHT

Winter 2012 INTERNATIONAL SHOTOKAN KARATE FEDERATION



Photo: Masters Magazine

A Special New Year Message From Okazaki Shihan

I'd like to wish all of our ISKF members and their families a very Happy, Healthy and Prosperous New Year!

is a Japanese word – Shingi-ittai which is mind and body together. That is the essence of Budo.

When you are training and you are tired and sore you find that somehow you are able to continue even harder than before. That is when the technique comes out more naturally. This is because it is

It is a natural feeling when we begin a new year to reflect on what occurred during the past year, what could have been and/or what should have been. Some of us have dealt with personal losses, global changes and tragedies that may indirectly affect us all and the constant deluge of bad news every time you turn on the TV. Maybe even Mother Nature is trying to tell us all to stop rushing about and to be kinder to each other and our earth.

Master Funakoshi always stressed that what seems to be a “bad thing” is actually an opportunity to learn and to test yourself. This is your opportunity to grow and to become inspired to make positive changes. This is what karate teaches us. When you train it is often difficult, either physically or mentally. But if you train long enough, you realize that you are the most important and difficult opponent to conquer. You must overcome the physical adversities that you may have to deal with and learn to find a way to continue to train through it and adjust to the changes you are experiencing. Mentally you must conquer the natural tendency to want to take it easy and you must find a creative way to motivate yourself. There

your spirit coming out, motivating and guiding you. You are no longer allowing your mind to tell you to give up. Your mind is clear which permits your body to just react. That is what it is like to truly just be in the moment. You should try your best to take this feeling with you even outside of the dojo. If you can do that, it will help you to become more flexible in dealing with life and people. When life changes, if you have had to deal with a loss or tragedy, let your spirit come out to guide you to be good to the people who are here. And continue to learn from those who are not. It is unfortunate to have to experience bad moments, however, life must have a balance of hard/soft, positive/negative and fast/slow. If we do not have bad times, we cannot appreciate the good times and try harder to make it better. Master Funakoshi wanted us to remember that we are not just training physically; rather it is much more important to also concentrate on the spiritual principles by following the Dojo Kun and Niju Kun. He stressed that karate more than anything else is a spiritual endeavor. It is a way to develop a person as an individual. Many of these principles are ex-

Continue on to page 2

IN THIS ISSUE

| | | | |
|-----|--|-----|--|
| 2-3 | 2011 Master Camp Lecture and Events Shoto Niju Kun, #13 | 7-9 | ISKF Nationals Tournament Results Judge and Dan Examination Results |
| 4-6 | Interview with Shihan Hideo Ochi In Memoriam, Mr. Eugene McKnight | 11 | 46th Annual ISKF Master Camp and International Goodwill Tournament |

plained in detail in my book “Perfection of Character”. Only when you study these principles can you say you are studying to be a true martial artist.

My New Year’s wish for you is to train hard both physically and more importantly spiritually and to understand the Dojo Kun and Niju Kun. If you do that you will be achieving Perfection of Character, which will give you peace of mind in difficult times, appreciate the good times and most importantly it will give you the tools to contribute to a better world. This is the goal of a true martial artist - to contribute to bring peace to the world.

MASTER CAMP LECTURES AND EVENTS-2011

In addition to the technical classes provided, Dr. Paul Smith and the camp committee scheduled a stimulating series of lectures for Master Camp 2011. These are the morning and evening lectures given throughout the week.

Saturday- Shihan Teruyuki Okazaki

Topic: Niju Kun #16: Danshi mon o izureba hyakuman no teki ari

Shihan Okazaki presented a lecture on Master Funakoshi’s Niju Kun #16: Danshi mon o izureba hyakuman no teki ari, or “As soon as you leave home, think that millions of opponents are waiting for you.” Master Okazaki discussed the true meaning of being a martial artist and understanding budo. A martial artist should never want to fight. He will take extra steps to avoid dangerous or explosive situations- that is real defense.

Continue on to page 3

Shoto Niju Kun, #13

Tekki ni yotte tenka seyo

Move according to your opponent

Here Master Funakoshi is saying to keep yourself mentally “flexible” so that you are able to adapt to a situation as it changes. It seems a very simple thing to do, but it takes a lot of experience. When confronted by an opponent, you have to learn how to be physically and mentally connected to him. You have to clear your mind, be calm. You should be able to perceive your opponent’s intentions without distortion. Then you can react naturally, without strategy.

Of course in dealing with an opponent, you can start out with a strategy, but you should remain flexible so that you’re able to respond to a situation naturally. Once you have some understanding of how to execute technique, then you have to learn how to “feel” your opponent’s intentions, how to “sense” a change in the situation. You have to learn how to use your feelings to communicate with your opponent. The key to this—indeed the key to all we have been talking about—is to maintain a sense of balance within yourself. You can control a difficult situation by controlling yourself. You are part of the situation, and it is part of you.

The idea of moving according to your opponent is yet another of Master Funakoshi’s principles that you can and should apply to everyday life. Whether you are driving a car, having a conversation with a friend, making a presentation at work: you always need a sense of the other person’s intentions. Don’t blame other people, or external circumstance, for your condition. Remain open to all things around you, without your ego getting in the way, judging. If you start to think that something, or someone, is “right” or “wrong,” you cannot see clearly what really “is.” So it is important to keep an open mind, to be able to respond to every situation, whether it be an opponent in a self-defense situation, or in any other aspect of life.

Sensei continued, "it does not matter if it is one or one million attackers, the real defense is to avoid the situation and strive for peace." That is the goal of the ISKF, to try to bring peace. Master Okazaki stressed the importance of this goal and how as karateka, we should all have this as our ultimate objective.

Sunday- Sensei Robin Rielly

Topic: Preparing the Research Report for Instructor Certification and Dan Examinations

The ISKF Instructor Training institute has produced many of the instructors that you have trained with at camps and in dojos around the country. However, there are many more trainees who have started and not completed the program due to the daunting nature of writing so many papers. The past few Master Camps, Master Yaguchi has urged trainees to complete the process. Sensei Rielly reviewed a guide that the ISKF Technical Committee developed to assist trainees and examinees in writing the papers. The guide covers the basics of writing and research, and includes a sample first page and bibliography. Papers must be a minimum of four pages in length and follow a basic format of introduction, body, and conclusion. Writers need to put forth their best effort and be knowledgeable about the subject matter. In addition, Sensei Rielly emphasized the importance of just getting started and tackling one paper at a time. For copies of the guide you can contact Sensei Rielly at robrielly1@comcast.net.

Tuesday- Sensei James Field

Topic: Understanding Dojo Etiquette

Sensei Field stressed the importance of understanding dojo etiquette and then following it as part of our training and development. The lecture was extremely insightful covering a range of areas including the importance of bowing, the kohai/sempai relationship, the importance of cleaning the dojo, and the dynamics of student and teacher relationships. Sensei Field discussed the insight he gained when Master Yaguchi sent him to Japan to train under Master Nakayama. Master Nakayama explained to him the importance of bowing, "The highest form of honor or disrespect is how you

bow to a person." Sensei Field stated that people should do it right or not at all, because too many people are insincere when they bow.

Wednesday AM - Dr. Paul Smith

Topic: Timing Relationships in Partner Training

Dr Smith's lecture covered various aspects of partner training. He discussed some of the principles of body expansion and contraction, proper use of tension and relaxation, and the proper use of speed and power. Dr. Smith delved into scientific and kinesthetic principles in understanding mental and physical components of attacking and counterattacking and our ability to sense and respond in less than a second. Attendees were then invited to practice partner drills where we had to move according to our partner's movements. When working with a partner or facing an opponent one must look for openings or weaknesses in order to be effective in one's attack. In the end, in order to take advantage of any openings or perceived weaknesses the response time must be reflexive and automatic.

Wednesday PM- Dr. George Stollsteimer

Topic: Hydration for Performance and Safety

Master Camp is supposed to be an enjoyable, learning experience, even if training sometimes pushes us to our limits. However, in hot, humid weather training can have adverse effects. Dr. Stollsteimer pointed out that heat stroke is the 3rd leading cause of death in athletes. Anyone attending camp, or doing any physical activity needs to stay hydrated, especially in the hot weather. Youth, obese people, and less conditioned athletes are generally more at risk. As a rule, athletes should drink 16 ounces of water before training, and four to eight ounces of fluid every 15-20 minutes during training. After training, be sure to consume 16 ounces for every pound of weight lost. Rehydrate, rehydrate, rehydrate. Should someone succumb to heat illness, lower the body temperature ASAP, by going to a cooler environment and through ice baths or packs to the neck, groin, and large muscles. We can be proactive by recognizing when fellow karateka are in trouble and offering assistance before it is too late.

INTERVIEW WITH SHIHAN HIDEO OCHI

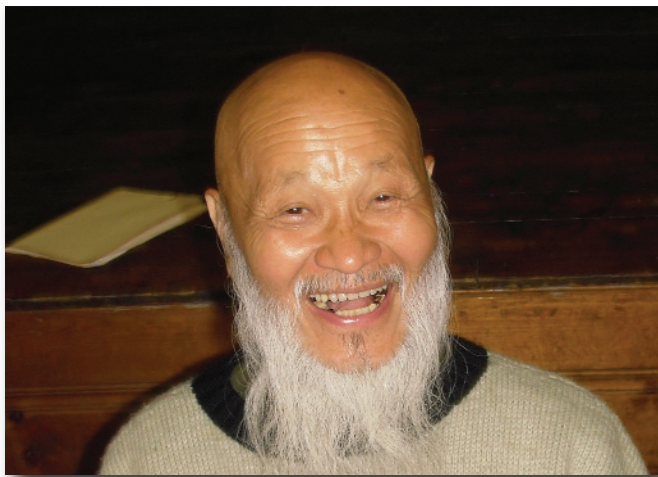


Photo by Leila Norako, ISKF/East Coast

Below is an excerpt from an interview with Shihan Hideo Ochi (translation by Takamichi Maeshima).

Spotlight: Sensei what inspired you to start training in karate?

Sensei: A friend of mine in middle school was doing karate. First my friend was practicing karate and then he asked me to train with him. They were training at a public meeting hall in the village. In those days, judo, kendo, and other martial arts were very popular. Karate was still very minor, not so popular.

Spotlight: When you started training what was the best part about karate training?

Sensei: I liked everything. I like all of it. I like maegeri and gyaku-zuki. I like everything about karate.

Spotlight: What do you like most about karate today?

Sensei: It is the same, I still like everything there is no change.

Spotlight: What is your favorite kihon technique?

Sensei: I really like gyaku-zuki.

Spotlight: Why gyaku-zuki?

Sensei: It's very easy. I can use my hips easily; I can still do it easily.

Spotlight: For new students just starting to train, what should they do to make focus and to make

kime?

Sensei: I ask them to concentrate: to use their mind. You have to learn to use the mind not just to focus on each individual technique, but to learn to focus your mind. You have to try to concentrate on making mental focus, use your energy, mental energy. You have to think about focusing your mind, and yourself, not to worry about the opponent or the target.

Spotlight: What other things or outside influences have shaped your karate? For example, do you study nature, other sports, or anything else that may influence or compliment karate?

Sensei: No, not really. Sometimes I try weight training to develop karate techniques or jogging for conditioning but other than that not much else.

Spotlight: When you are teaching and traveling to other countries, and visiting places like Master Camp, what are some areas where you think students can improve on?

Sensei: I'm very impressed to see people of all ages from young to much older still training. I think it's very good. I think that people who are lacking, and are missing something, generally don't come here. The people who come here are the ones who want to improve. If people here keep coming to camp and keep training they will improve. If you come this year and then next year you come, and the following year you come again, then just keep training and you will continue to improve.

If you ask a student say to kick maegeri and to continue to kick maegeri, then one day as he or she gets older maybe one day they can't kick anymore, but you can still do karate. Some parts of karate are for young people and middle aged people, depending on your age and conditioning then your karate method may change but you'll still be able to improve and do karate.

Spotlight: For older students are there some things, or areas, that they should focus on for their training?

Sensei: Just think about doing whatever is within your ability or your capability. You shouldn't ask more than that. For example, if you can kick to the chest and that is as high as you can go, then just

Continue on to page 5

kick to the chest. If you can only kick to the waist, then just kick to the waist. I think sometimes people have a big ego and still want to do more and kick higher, like kick to the head. And, it's okay to want to do better but if it is beyond your limit then you might hurt yourself. You have to accept your limit and stay within your limit.

Spotlight: When you were growing up who were your idols or people that you looked up to?

Sensei: In my childhood, I don't think there was anybody. When I was young I was very poor, so I just worked, worked, worked, and helped my parents so no not really. I was too busy working.

Spotlight: What about when you were older?

Sensei: Well, when I was older I watched a movie about my college, Takushoku University, and I was really inspired by the movie.

Spotlight: Is it a movie about the history of the college or about the karate club?

Sensei: It's a movie about the college. At that time many of the people in the college usually went overseas to study and learn. They usually went to places like China, Taiwan, and Mongolia. In that movie Nakayama Sensei, Enoda Sensei, Okazaki Sensei, Asai Sensei and many other sensei's were featured in the movie. I really liked the actors, or characters. The movie was very popular with the girls so as a young man, I really liked the cool guys and how popular they were with the girls.

Spotlight: What was it like at Takushoku University?

Sensei: It was very good.

Spotlight: Weren't you the head of the karate team? Was it a great responsibility?

Sensei: Yes, I was but everyone worked together, so it was fine. My friends really helped me at the time and everyone worked together. Since then, we are still good friends, about seven or eight friends still get together once a year. They are long lasting friendships.

Spotlight: So at the time Sensei Okazaki was no longer there, how did you meet sensei?

Sensei: We went to the same university. When I was a student, Sensei Okazaki had already graduated. He was a full-time JKA instructor, so from

time to time he would come to teach at Takushoku University. That's how I met him.

Spotlight: What was it like to train with Sensei Okazaki?

Sensei: I remember one day Sensei Okazaki came to class, and he said, "Okay, today we are going to do gyaku-zuki, watch." He goes over to the makiwara and he demonstrated punching the makiwara. He's hitting it, "bam, bam, bam" and then he turns to us and says, "Now you try." Then he had each of us go hit it one by one by one. He never said that we were doing it wrong. Sensei Okazaki didn't say that you better do it this way or that way. He only looked.

Spotlight: I've read that one of the keys to karate training is hitting the makiwara, but there are many schools that do not have makiwara boards. For example, in the United States classes may be held in churches, or gyms, or community centers that do not have makiwara boards. Is this something we should be doing more, or be concerned about? Do you think that we are missing something?

Sensei: Really? I didn't know that. I think you should decide. You should hit it and if it feels good and it works for you then you should keep hitting it. If you hit the makiwara and it does not feel good to you, then maybe that's something you should not do. Kicking the sandbag is the same way if you kick it and it feels good, if it's good training for you, then you should keep doing it. And if it doesn't, then you should stop but you should at least try it. Try everything for yourself.

Have you ever seen the sandals made of iron, getas. I always thought they were good training. So later in life I still wear them. People used to wear them everywhere all the time. I remember in college, when I was in the dormitory, everybody went to the public bath with them. When you went to the public showers all you would hear is "clock, clock, clock," but then when you go down the hill it is very slippery, so it's good for balance practice. You have to really know how to walk on the pavement with the getas and have control so you don't slide. It's also good practice for strength training.

Continue on to page 6

Spotlight: I guess it is the same as people running along the beach. Walking on tiptoes is the same feeling?

Sensei: Yes, yes it's the same.

Spotlight: What is something that nobody or most people don't know about you? For example you note if you are a calligrapher or an artist something that you would not mind sharing with the rest of the ISKF family something most people would not know about you.

Sensei: I'm totally open if anybody has any questions they can always come up and ask me. I don't have anything any secrets or anything.

Spotlight: Is there anything that you would like people to remember when they train with you, or something you want to be known for?

Sensei: I don't have any specific ideas like I want to teach this way and show you this certain way. I want each student to have their own thought or opinion about me. I don't want to dictate what they should get from me. That's it.

Spotlight: Sensei if you don't mind, I have a question regarding JKA. I read on their website that JKA instructors can only teach at JKA institutions, and yet you continue to come to our camp, how is that possible?

Sensei: Well I think it should be my decision about teaching, so I'm not too concerned with the rules. Sensei Okazaki is my sempai from the University. We went to the same college. We are from the same

college family, are in the same karate family, so I want to come and teach for him. It's the same as your family with your mother, father, brother, or sister, it's the same thing.

We are all part of the same karate family. My purpose, since I was young, is to teach and today it is the same, so I want to make a larger karate family. You know I go to different camps in different countries and teach and train, and I meet nice people and we all become family. That's what I want. I want to grow my karate family. For example, if you go overseas and you go to camp you meet more people then your karate family gets bigger. Then you start training more, then the family gets bigger, then karate gets more popular. So, I think this could be my purpose for teaching.

Another family structure is when you're little your parents help you, and when you get older you help them. In karate, the instructor teaches you and helps you, but as you learn and become good karateka and your teacher gets older, then in turn you might help your sensei. That's another family structure, but a different aspect of family. That's another example of the karate family with the same parallel sometimes we have to help our parents, and then as sensei's one-day our students will help us and that also helps to spread karate and make the karate family bigger.

Spotlight: Thank you Sensei. We always enjoy having you at camp, and I appreciate you speaking



Photo: ISKF HQ

In Memoriam

Mr. Eugene McKnight sadly passed away on November 17th, 2011. He is survived by his wife Seema, daughter Ameena and son Quentin. Mr. McKnight began his training at the Philadelphia Shotokan Karate Club on

August 3rd, 1973. He was a dedicated martial artist and a fierce competitor. He was also a certified Instructor, Examiner and Judge. More than that, he

was a key staff member of the Philadelphia Shotokan Karate Club and the International Shotokan Karate Federation for over 25 years. Master Okazaki relied on him daily for many tasks, one of which was his impressive memory. He was an excellent instructor and was always supportive to all the members of the Philadelphia Shotokan Karate Club. Mr. McKnight was well respected by them as well as many people across the globe. Many of which have been saddened by his passing. He was a mentor and friend to many. Mr. McKnight's love for karate and dedication to Okazaki Shihan never wavered even in trying times. He will always remain an integral part of PSKC and the ISKF.

ISKF/US National & Collegiate Tournament Results

November 5 - 6, 2011 Denver, Colorado

with me today.

Sensei: No problem, no problem.

You are welcome.

Collegiate Division Results

Women's Black Belt Kata

- 1st Yoko Ishida-NC
- 2nd Kelly Doohen-NC
- 3rd LaRoyce Batchlor-NC

Women's Black Belt Kumite

- 1st Yoko Ishida-NC
- 2nd Kelly Doohen-NC
- 3rd Haley Dell'Orso-MS

Men's Black Belt Kata

- 1st Andrew Tooyak-AK
- 2nd Michael Cornell-SW
- 3rd Dan Elliott-EC

Men's Black Belt Kumite

- 1st Michael Cornell-SW
- 2nd Abram Tooyak-AK
- 3rd Martin Magaivar-MA

Collegiate Team Kata

- 1st University of Colorado
 - 2nd Colorado State University
- Only two teams in competition

Collegiate Men's Team Kumite

- 1st Ohio State
- 2nd University of Colorado
- 3rd Colorado State University

Senior Division, Regular and Super

Women's Kata

- 1st Miyuki Kuroha-MS
- 2nd Carol Glen-MA
- 3rd Marcia Ransom-EC

Men's Kata

- 1st Joji Mercado-NW

- 2nd Dwain Vaughns-EC
- 3rd Andy D'Agostino-MS

Team Kata

- 1st Mid America
- 2nd East Coast
- 3rd Mountain States

Super Senior Men's Kata

- 1st Matthew Thomas-NW
- 2nd Jeff Heermans-MS
- 3rd Ted Toyokura-MS

Women's Kumite

- 1st Miyuki Kuroha-MS
- 2nd Carol Glen-MA
- 3rd Marcia Ransom-EC
- 3rd LoriSue Trivelli-MS

Men's Kumite

- 1st Dwain Vaughns-EC
- 2nd Charles Holness-AK
- 3rd Anthony Cuffie-EC
- 3rd David Light-MS

Super Senior Women's Kata

- 1st Rita Doohen-NC
- 2nd Cheryl Coburn-WS

Adult Division 18-44

Men's Brown Belt Kata

- 1st Paul Davis-MS
- 2nd Omeed Khatami-WS
- 3rd Patick Brenner-MS

Men's Brown Belt Kumite

- 1st Kwame Musonda-WS
- 2nd Hatim Leghuel-MA
- 3rd Paul Davis-MS
- 3rd Bahar Kaffaga-SW

Women's Brown Belt Kata

- 1st Veronica Viglar-EC
- 2nd Sopio Tkebuchava-EC
- 3rd Adriano Khatami-WS

Women's Brown Belt Kumite

- 1st Sopio Tkebuchava-EC

- 2nd Veronica Viglar-EC
- 3rd Sopio Tkebuchava-EC

Women's Black Belt Kata

- 1st Yvonne Clarabal-NW
- 2nd Yoko Ishida-NC
- 3rd Debbie Hoplamazian-MA

Men's Black Belt Kata

- 1st Jumbo Banaria-NW
- 2nd Ben Cheeseman-NW
- 3rd Tatsuun Liu-MS

Women's Black Belt Kumite

- 1st Yoko Ishida-NC
- 2nd Kelly Doohen-NC
- 3rd Lynn Nakada-SW
- 3rd Salemi Roshanak-EC

Men's Black Belt Kumite

- 1st Pedram Rastegar-EC
- 2nd Michael Cornell-SW
- 3rd Ben Cheeseman-NW
- 3rd Jay Banaria-NW

Women's Black Belt Team Kata

- 1st Northwest
- 2nd East Coast
- 3rd Mountain States

Women's Black Belt Team Kumite

- 1st North Central
- 2nd Mountain States
- 3rd East Coast

Men's Black Belt Team Kumite

- 1st East Coast
- 2nd Northwest
- 3rd Mid America

Men's Black Belt Team Kata

- 1st East Coast
- 2nd Northwest
- 3rd Mountain States

Continue on to page 8

**ISKF 2011 National
Tournament
Youth Division Results**

Age: 7 – 9

Boys and Girls

White and Orange Belt

Kata:

- 1st Place Samantha Latharm, MS
- 2nd Place Ellie Greyson, MS
- 3rd Place Jackson Dorr, MS

Kumite:

- 1st Place Smantha Lathram, MS
- 2nd Place Braeden Lock, MS
- 3rd Place Asha Kakuda, MS
- 3rd Place Jackson Weik, MS

Age: 7 – 9

Boys and Girls

Green and Purple Belt

Kata:

- 1st Place Jonas Sanchez, MS
- 2nd Place Marcus Tsuei, MS
- 3rd Place Mick Kopriva, MS

Kumite:

- 1st Place Logan Baker, MS
- 2nd Place Jonas Sanchez, MS
- 3rd Place Mick Kopriva, MS
- 3rd Place Andrew Haapala, MS

Age: 7 – 9

Boys and Girls, Brown Belt

Kata:

- 1st Place Bryce Johansen, MS
- 2nd Place Adams Austin, MS
- 3rd Place Torianne Austin, MS

Kumite:

- 1st Place Bryce Johansen, MS
- 2nd Place Paul Battle, MS
- 3rd Place Adams Austin, MS
- 3rd Place Torianne Austin, MS

Age: 10 – 11

Boys and Girls

White and Orange Belt

Kata:

- 1st Place Ben Brenner, MS
- 2nd Place Jack Helfrich, MS
- 3rd Place Nick Speers, MS

Kumite:

- 1st Place Jack Helfrich, MS
- 2nd Place Ben Brenner, MS
- 3rd Place Rachel Bigler, MS
- 3rd Place Claire Bigler, MS

Age: 10 – 11

Boys and Girls

Green and Purple Belt

Kata:

- 1st Place Tosh Sassin, NW
- 2nd Place Alyssa Mercado, NW
- 3rd Place Hunter Moses, NW

Kumite:

- 1st Place Reana Tulawan, NW
- 2nd Place Landon May, NC
- 3rd Place Lily Troughon, NW
- 3rd Place Noah Kennedy, MA

Age: 10 – 11

Boys and Girls, Brown Belt

Kata:

- 1st Place Jack Stolt, MS
- 2nd Place Julia King, MS
- 3rd Place GabbyVarela, MS

Kumite:

- 1st Place Rei Fujita, WS
- 2nd Place Alia Brand, MS
- 3rd Place Mick Hashimoto, MS
- 3rd Place Gabriela Miller, EC

Age: 10 – 11

Boys and Girls, Black Belt

Kata:

- 1st Place Shawn Hatano, EC
- 2nd Place Marc Agossan, EC
- 3rd Place Jesus Reyes, NW

Kumite:

- 1st Place Keene Pabrakun, WS
- 2nd Place Marc Argossan, EC
- 3rd Place Shawn Hatano, EC
- 3rd Place John Adams, MS

Age: 12 – 13

Boys and Girls

White and Orange Belt

Kata

- 1st Place Hunter Loy, MS
- 2nd Place Kyle Kennedy, MS
- 3rd Place Connor McMaster, MS

Kumite (only 2 competitors):

- 1st Place Connor McMaster, MS
- 2nd Place Kyle Kennedy, MS

Age: 12 – 13

Boys and Girls

Green and Purple Belt

Kata:

- 1st Place Ivana Jarlin, EC
- 2nd Place Maily Ryan, EC
- 3rd Place Carolyn Arnold, AK

Kumite:

- 1st Place Ivana Jarin, EC
- 2nd Place Robert Rodriguez
- 3rd Place Carolyn Arnold, AK
- 3rd Place Kadin Mangalik, MS

Age: 12 – 13

Boys and Girls Brown Belt

Kata:

- 1st Place Paolo Esguerra, EC
- 2nd Place Dorlisa Frank, EC
- 3rd Place Marcus Lotta, EC

Age: 12 – 13

Girls Brown Belt

Kumite:

- 1st Place Dorlisa Frank, EC
- 2nd Place Laila Adl, MS
- 3rd Place Dana Gay, AK

Continue on to page 9

Age: 12 – 13**Boys Brown Belt****Kumite:**

- 1st Place Marcus Lotta, EC
- 2nd Place Kai Fujita, WS
- 3rd Place Paolo Esguerra, EC
- 3rd Place Jeremy Tulawon, NW

Age: 12 – 13**Boys Black Belt****Kata:**

- 1st Place Takehiro Kajiwara, EC
- 2nd Place Leo Nkasone, MS
- 3rd Place Yuuki Hashimoto, MS

Kumite:

- 1st Place Joshua Miller, EC
- 2nd Place Yuuki Hashimoto, MS
- 3rd Place Shaw Mitchell, MS
- 3rd Place Makoto Hunter, WS

Age: 12 – 13, and 14 – 15**Girls Black Belt****Kata:**

- 1st Place Coco Viligar, EC
- 2nd Place Christine Cornell, SW
- 3rd Place Dana Alcantata, EC

Kumite:

- 1st Place Dana Alcantara, EC
- 2nd Place Kathleen McClafferty, EC
- 3rd Place Coco Vigilar, EC
- 3rd Place Sofia Herrera, MS

Age: 14 – 15**Boys and Girls Brown Belt****Kata:**

- 1st Place Lucas Lotta, EC

2nd Place Meera Desai, NW

3rd Place Mia Mettais, MS

Age: 14 – 15**Girls Brown Belt****Kumite:**

- 1st Place Mia Mettais, MS
- 2nd Place Ashley Erhardt, MS
- 3rd Place Sophia Talley, MA
- 3rd Place Meera Desai, NW

Age: 14 – 15**Boys Brown Belt****Kumite:**

- 1st Place Eddy Vaughn, MA
 - 2nd Place Vincent Talley, MA
 - 3rd Place Lucas Lotta, EC
- [Only 3 competitors]

Age: 14 – 15**Boys Black Belt****Kata:**

- 1st Place Israel Herrera, MS
- 2nd Place Jesse Weber, MA
- 3rd Place Tate Enos, MS

Kumite:

- 1st Place Jesse Weber, MA
- 2nd Place Callum Fisher, MS
- 3rd Place Dane Niemczura, MS
- 3rd Place Frank Lugo, MS

Age: 16 – 17**Girls Brown and Black Belt****Kata:**

- 1st Place Gabrielle Elliott, EC

2nd Place Mya Dingman, NC

3rd Place Anmichelle Yabut, NW

Kumite:

- 1st Place Gabrielle Elliott, EC
- 2nd Place Anmichelle Yabut, NW
- 3rd Place Alexis Weber, MA
- 3rd Place Mya Dingman, NC

Age: 14 – 15**Boys Black Belt****Kata:**

- 1st Place Tyler Mummery, EC
- 2nd Place Ryan Dingman, NC
- 3rd Place Tyler Robb, WS

Kumite:

- 1st Place Ryan Lavey, AK
- 2nd Place Ryan Dingman, NC
- 3rd Place Diego Ulibarri, MS
- 3rd Place Tyler Robb, WS

Youth Team Kata

- 1st Place East Coast
- 2nd Place Northwest
- 3rd Place Western

BEST CONTESTANT**Female:** Yoko Ishida, North Central**Male:** Justin Nepo, East Coast**ISKF Goodwill Tournament U.S.A vs CANADA**

November 5 - 6, 2011 Denver, Colorado

Women's Team Kata

- 1st Canada
- 2nd USA

Men's Team Kata

- 1st USA
- 2nd Canada

Women's Team Kumite

- 1st Canada
- 2nd USA

Men's Team Kumite

- 1st USA
- 2nd Canada

Judge and Dan Examination Results

Held at the ISKF/US National Championships, 11/4/2011

Denver, Colorado

Class D

Michael Granado (Southwest)
Kaye Kakuda (Mountain States)
Chela Morales-Placone (Northwest)
Andrew Morrell (Mountain States)
Eric Oswald (Mid-America)
Martin Schragger (Mid-America)
Jason Struve (Mountain States)

Class D Re-Exam

Gloria Geiser (Northwest)

Class C

Beckie Brocies (Northwest)
Leonard Higdon (Mountain States)
Ken Kraisler (Northwest)
Miyuki Kuroha (Mountain States)
Richard Moore (Southwest)
Stephan Mueller (Northwest)
Peter Ngoon (Southwest)

Class B

Rita Doohen (North Central)
Tony Fiore (Mountain States)
Carol Glenn (Mid-America)
Matthew Thomas (Northwest)

Class A

Scott Dingman (North Central)

Shodan

Billy Pfeiler (Mountain States)
Jack Stolt (Mountain States)

Sandan

Genevieve Saur (Mountain States)
Andrew Tooyak (Alaska)

Yondan

Brian Lanning (Mountain States)

Godan

John Burdick (Mountain States)
Yukitoshi Otaka (Southwest)
Ken Rogers (Mountain States)
Michael Tavoliero (Alaska)
Kelvin Uyeda (Southwest)
Jeffrey Weber (Mid-America)
Kimberly Weber (Mid-America)

For Yondan 3 months re-exam

Daniel Savin (Mountain States)

Examiners:



Teruyuki Okazaki, 10th Dan



Yutaka Yaguchi, 9th Dan

OUR MOST IMPORTANT GOAL: DOJO KUN

SEEK PERFECTION OF CHARACTER

BE FAITHFUL

ENDEAVOR

RESPECT OTHERS

REFRAIN FROM VIOLENT BEHAVIOR

**46TH ANNIVERSARY
ISKF MASTER CAMP
INTERNATIONAL GOODWILL TOURNAMENT
JUNE 8TH - 15TH, 2012
CAMP GREEN LANE, PENNSYLVANIA, U.S.A.**



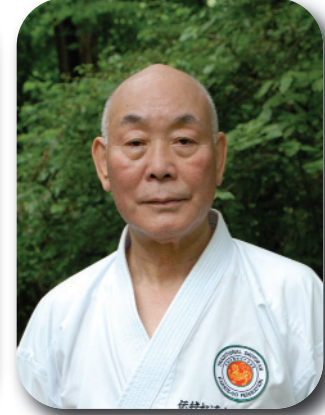
Teruyuki Okazaki
ISKF/US



Yutaka Yaguchi
ISKF/US



Masaru Miura
SKI-I/Europe



Shunsuke Takahashi
ISKF/TSKF

The 46th Annual ISKF Master Camp and International Goodwill Tournament will be held June 8th – 15th, 2012 at Camp Green Lane, Green Lane, Pennsylvania, USA. This annual camp is open to all Shotokan karate-ka regardless of affiliation. It is the only weeklong Shotokan training camp and is host to over 60 countries worldwide. Each year, Master Camp has grown not only in camper participation, but also in the number of different countries coming to this camp for the first time. Some of them may not be ISKF members at first; however, Master Camp is such a good example of what our organization is about that most of them join the ISKF before the week is finished. Our Master Camp has always provided instruction from the best Shotokan Masters in the world and this year will be no different. Master Camp participants will have the opportunity to train with Masters Teruyuki Okazaki (Chief Instructor ISKF), Yutaka Yaguchi (Chairman Technical Committee ISKF), Masaru Miura (SKI-I Europe) and Shunsuke Takahashi (TSKF Australia, New Zealand and Japan). Assisting them will be the higher ranking instructors from the ISKF Technical Committee. As you can see it will be a full week of excellent instruction, not to mention the opportunity to meet fellow martial artists from so many different countries. Whether you participate in Master

Camp for a weekend or the entire week, not only will you have trained with the best Shotokan Masters in the world, you will have also gained a wealth of information from the various lectures and activities. The camp venue also provides everyone the opportunity to meet each other for some good karate conversation on a park bench with old friends and new. The training and housing facilities are indoors, but unlike other camps held in hotels and schools, our ISKF Master Camp is held at a beautiful camp ground with many outdoor activities and fresh air. All Shotokan practitioners whether you are an ISKF member or not should take advantage of this opportunity for their karate advancement as well as to get to meet people from diverse cultures. It is an experience that will have a positive impact on your karate skills as well as your understanding of the world. This understanding will give you a better insight into the Dojo Kun and Niju Kun thus enriching your path to becoming a true and complete martial artist.

Please Note: Master Camp brochures and registration forms can be downloaded from the ISKF website at www.iskf.com

If anyone would like assistance with their visa, please contact ISKF Headquarters for a letter of invitation. It is always best to begin that process as soon as possible.

JAPAN BUDO INC. 日本武道

Distributor of Tokaido Brand ISKF Official Supplier

PRODUCT LINEUP

Uniform

NST(疾風)--8oz. Recommended for KUMITE
SSA(音羽)--10oz. Recommended for KATA
TSA(躍動)--12oz. Recommended for KATA
TAW(士魂)--10oz. Recommended for Daily Training
SAB(金剛)--12oz. Traditional Black Uniform
KTW(出雲)--10oz. Recommended for Beginners
TKD(初心)--Recommended for Basic Training

Black Belt (Made in Japan)

BLBK(並黒帯)--100% Cotton
BLC (洋八帯)--100% High Quality Cotton
BLS (朱子帯)--100% Satin
BLH (本絹帯)--100% Silk

Original Name Embroidery requests are available!!
*The embroidery will not show through
on the reverse side as with many other belts.

KANJI
(漢字)



KATAKANA
(カタカナ)



Protectors

Fist Guard
(Approved by ISKF)



HOW TO ORDER

☆ Website: www.japanbudo.com
☆ E-mail: order@japanbudo.com
☆ FAX: 1-303-600-0911 (Attn: Mr.Inomata)

Payment Method: Paypal, Credit Card, Wire Transfer

JAPAN BUDO INC.

10283 Moor Road, Westminster,
Colorado 80029