This year marked a special milestone as nearly 450 ISKF members from 40 different countries joined together for the 50th Annual Master Camp & International Goodwill Tournament held June 10-17, 2016 at Camp Green Lane just outside of Philadelphia, PA.

As always, Master Camp is the opportunity each year for us to come together as a community to train with Shotokan Masters and some of the very best instructors from around the world.

This year was no exception as we were honored to have Masters Yutaka Yaguchi – ISKF/USA, Masaru Miura – SKI-I/Europe, and Shunsuke Takahashi – TSKF/ISKF. Assisting them were members of the esteemed high-ranking ISKF Technical Committee. On Saturday, there was a tournament for youth campers followed by the annual Goodwill Tournament for adults on Thursday. Days at camp are filled with training sessions geared to different kyu levels so that everyone enjoys high-quality instruction. There’s ample free time to also make new friends and catch up with former training partners.

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Karateka Converge in South Africa for the 3rd ISKF World Shoto Cup

Final preparations are underway in Cape Town, South Africa, for the 3rd ISKF World Shoto Cup to be held from Aug. 18-21.

An estimated 2,000 ISKF competitors, friends, and family from more than 50 nations are expected to travel to the event at the Cape Town International Convention Centre.

The ISKF World Shoto Cup is held every four years in a different city. The last ISKF World Shoto Cup was held in November 2012 in Cebu, Philippines. The event is an international tournament for ISKF Karateka to take part in “special training” with many of the best competitors from around the globe.

Kata and kumite tournaments are open to youth competitors ranked 6th-4th kyu, youth brown and black belts, and black belts in the young adults, adults, and seniors divisions. Opportunities to participate in team kata or kumite are available in certain divisions.

Two training seminars are scheduled to be conducted by Hiroyoshi Okazaki Sensei, the ISKF Chairman and Chief Instructor, during the event. There also will be Dan and Judges examinations held during the four days of the tournament.

The 3rd ISKF World Shoto Cup is being organized and hosted by ISKF South Africa.

Sensei San Pillay, President and Chief Instructor of the ISKF South Africa, says the goal of the tournament is not necessarily the expectation of winning medals, but rather to nurture the talent of competitors and to develop them as individuals.

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Congratulations on your new appointment as Chairman of the ISKF. Interview questions.

Spotlight: How does it feel to be the next Chairman of the ISKF? Exciting? Challenging? What comes to mind? I must say, I spoke with Master Yaguchi at camp and he is very excited about your leadership.

Sensei Hiroyoshi Okazaki: I am very excited and look forward to taking on this new role. It is a great honor to be chosen to lead the ISKF and I am glad that Sensei has confidence in me to lead the organization. I feel like I have been gradually taking on more responsibility to prepare me for this position. I have been traveling to many countries over the last few years. Since the ISKF is a world organization it is important for me to know what dojos from other countries are doing. It’s good to see what their karate is like, technically and philosophically, and to make sure that they are practicing our style of karate, traditional Shotokan. I think knowing where people are in the organization, in terms of the karate, helps me understand what they need to improve. I can give them more details and information on proper technique.

Spotlight: You have trained and worked with Okazaki Shihan for many years. What are the most important things that you have learned from him?

Sensei Hiroyoshi Okazaki: Organizationally, he always told me that this is a Budo organization, and not a sports organization, and that you always have to think about our members first. The members are the ISKF.

Technically, we didn’t really have private conversations. I trained and learned alongside everyone else in the dojo. I never really asked him questions and he never told me you have to fix this or fix that; he never really gave any critique. The only time that I asked him about certain techniques or kata he said, “Just be natural.” It seems so simple but it is a very complicated concept. I always think about that every time I train.

Spotlight: Sensei Okazaki had a vision when he created the ISKF, and since leaving JKA, the ISKF has been able to branch out and become truly international. What do you think about the future growth of the ISKF?

Sensei Hiroyoshi Okazaki: Yes, we have many more countries. Now, we have countries in Europe, Asia, the Middle East,
Continued from Page 3
and Africa. The environment is very different from in the US or Canada. Many of those countries are so close together. I notice when I travel, for instance when I traveled to South America recently, countries are so close, like Uruguay, Paraguay, and Argentina, that they would encourage people to come to the seminar. Students from all of the countries near the seminar site would come and participate.

It's not like in the US where only people from the US usually attend. In those areas, there are many countries next to each other, so when there is an event you get people from all over. Another example is Europe, if there is a seminar in Germany, people will come from Switzerland, or Belgium, and other countries. They come to each other’s events; it is like a community. I think this will continue and it will help us to grow.

The only limit is safety. Some countries are not safe or are difficult to go into right now. For example, it was difficult for me to visit Iran but when I arrived, there were about 1100 participants. There were 400 women and 700 men who attended the seminar. It was a very rewarding experience. When safety is not an issue, then we can continue to develop dojos in those countries.

Spotlight: What is your vision for the future of the ISKF? What will you focus on?

Sensei Hiroyoshi Okazaki: Now it’s 2016, and we have a good way of communicating with people but I think we must continue to use technology to get in touch with everyone. I want each member to feel like an important part of the ISKF. In addition to our camps and seminars, it would be good to use more multimedia to keep communication open and flowing. We want all members to get the right technical and philosophical information.

Spotlight: What about the growth of the ISKF, are there any particular regions that you would like to see expand?

Sensei Hiroyoshi Okazaki: Of course, we want to continue growing the organization but we could also do more to strengthen the areas where we are already present. For example, the United States is strong organizationally but it could be stronger, we could have a stronger foundation. When we split from the JKA, we lost some regions and some regions are not as active as before. Now we are in the process of rebuilding those regions. We have come a long way but there is still more work to be done.

I would also like to have a connection with Japan. This is a Japanese martial art and we do not have any ISKF dojos in Japan. That is something I want to work on in the future.

Spotlight: What are the most important issues facing the ISKF and the broader international karate community today?

Sensei Hiroyoshi Okazaki: We need to reinforce the concept that we are a traditional Shotokan karate organization. We focus on the art of budo and not sport karate. Today, sport karate is very popular in some countries. You can usually tell by their techniques

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if they are doing more sport karate. That is not what we do. On the other hand, many countries love karate philosophy. They want to talk about it and discuss the meaning of the dojo kun and niju kun. I like to see good things like that. We need to reinforce our belief that karate is a way of life.

Spotlight: What are your thoughts on the future development of instructors and the training program? Will the curriculum and testing remain the same?

Sensei Hiroyoshi Okazaki: I do not think we need to change the program. Masters Okazaki and Yaguchi invested a lot of thought to develop the program and it’s a great program. I want to respect and keep the format they established. We do need instructors to be committed to the program. Once they start, they should make every effort to finish it. We also need to encourage instructors to continue their training. We know it takes a lot of time, energy, and dedication to teach and run a dojo but instructors must find time to self-train or take a class or attend seminars and camps. We are all still students of the art. It’s like niju kun 11, “Karate is just like hot water; if you do not give it continuous heat, it will become cold.” If you don’t train, your karate gets cold. How can you seta good example for your students if you tell them to train and you don’t?

Spotlight: Over the last few years, the technical committee has grown and become much more diverse. Do you see it continuing along this course?

Sensei Hiroyoshi Okazaki: Yes, we will continue to grow it. In fact, we have already begun to restructure it so that there is now a Master committee of senior technical committee members. Their role will be slightly different and new committee members will come on board to fill their place on the general committee.

Spotlight: As the organization grows, will the roles of the technical committee change?

Sensei Hiroyoshi Okazaki: No. The technical committee’s role is purely to review and uphold decisions about techniques in karate and events, like tournaments and testing, and how those events should be carried out.

Spotlight: Will there be more insight and transparency into the technical committee’s goals and functions?

Sensei Hiroyoshi Okazaki: Yes, we would like to publish more information, especially when we make decisions about kata and tournaments. We usually try to cover these changes at Master Camp and teach the people who attend. However, we need to make sure that everyone has access to the same information.

Spotlight: What would you like the ISKF members to understand as you take on the role of leading our organization?

Sensei Hiroyoshi Okazaki: Well, as Master Okazaki told me a long time ago, the members make the ISKF. We must always remember that. Without members, we would not exist.

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Continued from Page 5
I also want members to understand that the ISKF is traditional Budo organization. It is okay to have tournaments, which is type of sport karate, it helps us to test our techniques against others but that is not our focus. It’s part of the instructor’s role to educate their students about this.

Spotlight: How can ISKF members help make Shotokan stronger and remain relevant?

Sensei Hiroyoshi Okazaki: Again, we need to keep traditional aspects of karate and understand that we are practicing a budo and not sport karate. There is a time and place for sport karate. Most of our training should focus on training in the traditional style of kihon, kata, and kumite.

Spotlight: What do you think are the greatest challenges facing new students?

Sensei Hiroyoshi Okazaki: It depends on the student. For example, younger and older students often have different goals and perspectives of karate. For the most part, you have young people who are interested in sport karate. They train differently and want more dynamic plyometric types of drills and exercise. There is nothing wrong with this but our style has more traditional training methods. When Master Funakoshi taught there was more focus on basics and kata. Master Nakayama passed that method of training to the JKA, and later our leaders Master Okazaki and Master Yaguchi brought it to the ISKF. I want current students to understand and follow this aspect of Shotokan. Students need to have patience and be willing to do fundamental drills that reflect a more traditional training.

Many of our older students tend to be more philosophical and want to take their time. They realize that repetition will help their techniques and karate develop. For the most part, they can understand and appreciate the budo concept a little more; that karate is a lifetime endeavor. They may not go as fast but they understand that using more basics and fundamental training techniques allows them to continue training far into their senior years.

Spotlight: How has the art of Shotokan karate evolved since you began training? In what ways do you see it changing in the future?

Sensei Hiroyoshi Okazaki: For me, it is the same. I practice and train pretty much the same. I use the same method and spend more time on basic training. Sport karate is about winning. Training for sport karate will not develop the “art” in karate training. You are the art. That’s the part where you develop yourself; sport karate loses this element. I can’t move like I used to anymore but I need to maintain my physical condition as much as possible so that I can practice for a lifetime. This is the traditional style of karate that I want people to embrace.

Spotlight: How has karate affected your life?

Sensei Hiroyoshi Okazaki: It has been good. Karate has been good for my life. It has helped to develop me into the person I am today. It’s taught me patience, and discipline, the traditional things people expect. It has also taught me a lot about people. I have had to travel and teach in many countries and every place is different. The karate may be the same but
Continued from Page 6

every place is unique and people’s perspectives are unique.

Spotlight: Lastly, your own role in the ISKF has evolved from a competitor, to judge, technical committee member, vice chairman, and now chairman. How has each of the previous roles prepared you for your new position as Chairman?

Sensei Hiroyoshi Okazaki: They all seem to have been a good transition from one to the other. When I retired from competition, I started teaching a lot more and focused on being an instructor. Then when I began judging, as a former competitor I understood the rules and I knew how important it was to take it seriously and get it right. I could also understand what competitors were going through since I had been there before. As a technical committee member, your role is very defined you have to focus on studying technique and focusing on students making sure they know what to do and what the correct techniques are. All of these experiences give me a well-rounded view of the ISKF. They each gave me skills and experiences I can build on to help me in my new role as chairman.

Spotlight: Thank you Mr. Chairman.

3rd ISKF World Shoto Cup

Continued from Page 2

“Training in Karate is known for instilling confidence, self-esteem and preparing younger people for life’s challenges in the adult world,” Sensei Pillay said.

Competitors and their families not only have the Shoto Cup event to look forward to, but also the many wonders offered by South Africa and the Cape Town region. Whether it’s a cable car ride to the top of nearby Table Mountain, seeing African wildlife on a safari, visiting a winery, whale watching or just sightseeing in Cape Town, the karateka visitors will have many options to bring home wonderful memories of their trip.

A special thank you goes out to ISKF South Africa for the dedication and hard work necessary to host an event such as the Shoto Cup and to make it a wonderful event for all participants.

Spotlight on YOU!

Want to write an article for the Spotlight? Do you have a fun karate photo taken at Master Camp, a tournament, or your club that you’d like to share? We are looking for interesting articles and photos. Send your article/photo to the iskf@iskf.com. Please include your name, name of dojo/region/country, and best way to contact you if we have questions. Do NOT submit photos taken by someone else unless you have a signed consent to publish. Thanks!
Continued from Page 2

In addition to training in the mornings and afternoons, Master Camp is an opportunity for karateka from around the world to take dan exams, and also exams for judge, instructor and examiner.

Because this was the 50th anniversary of Master Camp there were many special surprises for campers. Each attendee received a limited-edition coin with the images of Masters Teruyuki Okazaki and Yutaka Yaguchi (what’s your number?), and a commemorative program book.

There also was a special ceremony honoring the achievements and life-long dedication to karate by Sensei Yaguchi, and a slide show was presented that chronicled the previous 50 years of Master Camps.

Master Camp truly embraces the best a karate camp can offer - excellent training, a vigorous workout, international competition on the training floor and in the goodwill tournament, and fun. Yes, fun. Despite all the hard work, Master Camp has a wonderful social element where karateka engage with one another and have a great time. In fact, many life-long friendships have begun at Master Camp.

Please invite your friends and fellow dojo trainees to attend. Each year we expect to see even more karateka from more countries, as we hope more people will take advantage of the great training and events that make Master Camp such a special experience.

Celebrating 50

The warm-up starts at 6:30 a.m. on the tennis courts.

Getting ready for the next training session.

The camp store is always a popular destination during Master Camp.
We were honored to have Shihan Shunsuke Takahashi, 9th Dan, Chief Instructor of Traditional Shotokan Karate-do Federation (TSKF), participate in this year's 50th anniversary Master Camp.

Sensei Takahashi is a 1967 graduate of the JKA instructor training institute. He was also a member of the karate touring exhibition that introduced karate throughout the world.

He traveled from Japan to Australia in 1972 at the invitation of the Australian Shotokan Karate Association. He remained there for two and a half years and formed JKA Australia. Since that time Sensei Takahashi has continued to visit at least twice a year to provide instruction in both New Zealand and Australia. In 2009, Sensei Takahashi left the JKA to form the TSKF. During this year's Master Camp, Sensei was kind enough to spend some time with us discussing his thoughts on karate. Below is an excerpt from a conversation with Sensei Takahashi (translation by Tatsuun Ryu).

Spotlight: Thank you for taking the time to talk with us today and for your great instruction this year, and every year, here at Master Camp. In previous interviews you have mentioned the need for students to continually improve their knowledge and understanding of basic techniques.

Sensei: I like teaching a lot of basics. Having a good student with really good basic techniques is very, very important because once they branch out from my dojo and open up their own dojo, they can teach very well. They can improve how well their students learn.

Spotlight: How important is good technique to the dynamics of kata?

Sensei: Whoever has good technique, good basic technique, even though they get older, they still have good technique. They drop their weight (center of gravity) to the proper position for a strong technique.

Spotlight: Your first Master Camp was six years ago. How has camp changed during that time?

Sensei: I don’t see much difference. This camp has achieved great things to attract so many students. We have good instructors to lead the students and the students are eager to learn.

Spotlight: The Olympic Games Organizing Committee recently voted to include Karate as a competitive sport beginning with the 2020 games. Do you have an opinion about karate becoming an official Olympic sport?

Sensei: The younger generation will be excited about being able to compete in the Olympics. The
Continued from Page 9
Instructors who have been teaching for 50 years or more may not. The people who have trained for many, many decades feel that they probably would like to learn more about the mental aspect of karate or Japanese culture, so more likely, their interest will be in the martial arts than being in the Olympics. I’m sure a new generation of students will want to do karate after seeing it in the Olympics.

Spotlight: What issues about karate today do you think are important?

Sensei: The bottom line is that I don’t really want to train students just for competition. The way I approach teaching in a mixed class is, for the older generations, they can just do their best – their own strength and own speed. For the kids, they have to get interested to actually do something. I’ll mix up the teaching in class so that the kids will enjoy what they’re learning.

Spotlight: How do you teach speed, power, and focus in a kata?

Sensei: It’s the same as with kihon. It’s just like basics. The target has to be well distinguished. You really can’t punch someone between jodan and chudan. If you’re going for jodan, you have to go to jodan. For the technique itself, if your foot is flat on the ground, and you have a sharpness of the hip, then you can create a strong basic technique. Those are the things you have to focus on in kata.

People who have a problem with gaining speed, it’s because they have too much tension in their shoulders. It’s not coming from the hip. They are trying too hard.

Spotlight: Thank you very much, Sensei!

Sensei: As an instructor, I feel that, over the years, my students have grown mentally and behave politely, and act in a way that they can contribute to society. I am very happy to see that and that these behaviors may ultimately contribute to world peace.

Spotlight: Do you notice differences in how you approach teaching depending on the students in different parts of the world?

Sensei: I teach the same way no matter where I am.

Spotlight: How about in a mixed class of students either because of age, ability, or rank?
Examination Results ISKF Master Camp  
June 10-17, 2016

**Dan Exam Results**

**Shodan**  
Luiz Gustavo Bustamante (Brazil)

**Sandan**  
Maria Jose Mia Correa (Belize)

**Yondan**  
Andy Moore (USA/NW)  
Marius Lehene (USA/MT)  
Alonso Fernandez (Venezuela)

**Godan**  
Pedram Rastegar (USA/EC)  
Kelly Wicker (USA/NC)  
Rachel Shalomov (Israel)  
Tzur Ephrathy (Israel)  
Rubem De Oliveira Cauduro (USA/SA)  
Miyuki Kuroha (USA/MT)

**Rokudan**  
Ken Kraisler (USA/NW)  
Jennifer De Toro (Canada/BC)  
Martin Ruiz (Panama)

**Shichidan**  
Paul Gareau (Canada/NS)  
Dwain Vaughns (USA/EC)  
Lee Doohen (USA/NC)  
Lucille Queeney (USA/MT)

**Judge Exam Results**

**Class D**  
Edward Jackson (USA/MA)  
Marius Lehene (USA/MT)  
Naoui Rachid (Algeria)  
Domenick Raiola (USA/EC)  
Tim Cofrancesco (USA/MA)

**Class C**  
Doug Craig (Canada/MB)  
Barry O'Brien (USA/WE)

**Class B**  
Justin Nepo (USA/EC)

**Class A**  
Jeff Trammell (USA/NC)  
Fady Antakly (Lebanon)  
Athelstan Gilbert Bellamy (Jamaica)  
Michel Bitton (Israel)

**Shodan** – 6 Month Re-Exam  
Manuel Hernandez Garcia (Mexico)

**Godan** – 3 Month Re-Exam  
Francois Cartier (USA/NW)

**Godan** – 6 Month Re-Exam  
Dwight Ricketts (Jamaica)  
Leopoldo Castillo (Panama)

Mary Clance (USA/EC)  
Jeffrey French (USA/SW)

Godan – 1 Year Re-Exam  
Jared Carver (USA/EC)

Rokudan – 3 Month Re-Exam  
Holly Forsyth (USA/SW)

Rokudan – 6 Month Re-Exam  
John Nunez (Belize)  
Salvador Farias (Mexico)  
Michael Tavoliero (USA/AK)

Rokudan – 1 Year Re-Exam  
Evgeny Raspertov (Russia)

Shichidan – 6 Month Re-Exam  
Mohammad Ratifar (USA/SW)

Ahcene Moussaouii (England)
Examination Results ISKF Master Camp
June 10-17, 2016

**Instructor Exam Results**

**Class D**
Dave Bracklow (USA/WE)
Jennifer De Toro (Canada/BC)
Beth Fournier (USA/NW)
Miyuki Kuroha (USA/MT)
Marius Lehene (USA/MT)
Joji Mercado (USA/NW)
Adrian Pak-Fai Chiu (Canada/MB)
Sheldon Ruskin (USA/EC)
Laura Seeley Davis (USA/MT)
Nancy Stewart (Canada/MB)
Michael Thomlinson (Canada/MB)
Jeff Trammell (USA/NC)
Jeffrey Weber (USA/MA)
Gregory Woodcock (Canada/MB)

**Class C**
Catherine Margolin (USA/AK)
J-D Swanson (USA/EC)

**Class B**
George Vance (USA/EC)
Dale Weyant (USA/MT)

**Class A**
Andrey Dormenko (Russia)
Fady Metri Antakly (Lebanon)
Joseph Dixon (Canada/BC)
Athelstan Gilbert Bellamy (Jamaica)
Michael Bock (Germany)
Ahcene Moussaoui (England)

**Class D – Re-Exam**
Julian Fisher (USA/WE)
Jaime Lynne Kennedy (USA/MA)

**Class C – Re-Exam**
Chuck Coburn (USA/WE)
Ken Kraisler (USA/NW)
Ivan De Toro (Canada/BC)

**Examiner Exam Results**

**Class D**
Melissa McDowell (USA/EC)
David Bracklow (USA/WE)
Miyuki Kuroha (USA/MT)
Sheldon Ruskin (USA/EC)
Joji Mercado (USA/NW)
Nancy Stewart (Canada/MB)
Adrian Pak-Fai Chiu (Canada/MB)
Jennifer De Toro (Canada/BC)
Jeff Trammell (USA/NC)
Gregory Woodcock (Canada/MB)
Michael Thomlinson (Canada/MB)
Beth Fournier (USA/NW)
Jeffrey Weber (USA/MA)
Jaime Lynne Kennedy (USA/MA)

**Class C**
Catherine Margolin (USA/AK)
Ken Kraisler (USA/NW)
J-D Swanson (USA/EC)

**Class B**
George Vance (USA/EC)
Carl Shaw (USA/EC)

**Class A**
Andrey Dormenko (Russia)

**Class C – Re-Exam**
Ivan De Toro (Canada/BC)

**Class B – Re-Exam**
Eon Waldron (USA/EC)

**Examiners:**
Yutaka Yaguchi, 9th Dan
Hiroyoshi Okazaki, 8th Dan
ISKF Technical Committee
**International Goodwill Tournament Results**

**ISKF Master Camp June 10-17, 2016**

**Men’s Beginner Kata**
1. Felipe Gonzalez - Colombia  
2. Rony Ben-Dor – Israel  
3. Kevin Edwards - Guyana

**Men’s Beginner Kumite**
1. Kevin Edwards - Guyana  
2. Rony Ben-Dor - Israel

**Women’s Color Belt Kata**
1. Eileen Kim – USA/East Coast  
2. Betty Lim – USA/Southwest  
3. Mary Gonzalez - Colombia

**Women’s Color Belt Kumite**
1. Eileen Kim – USA/East Coast  
2. Betty Lim – USA/Southwest  
3. Pamela Das - Guyana

**Men’s Color Belt Kata**
1. Joseph Tamraz - Lebanon  
2. Vishnu Ramlagan - Guyana

**Men’s Color Belt Kumite**
1. Joseph Tamraz - Lebanon  
2. Vishnu Ramlagan - Guyana

**Women’s Brown Belt Kata**
1. Zsvenka Liendo – Bolivia  
2. Nina Rayzan – Israel  
3. Jeannie Backer – USA/Western

**Women’s Brown Belt Kumite**
1. Zsvenka Liendo - Bolivia  
2. Jeannie Backer – USA/Western

**Men’s Brown Belt Kata**
1. Jonathan Lozarte - Bolivia  
2. Luiz Delmonte – Brazil  
3. Santiago Bragnole - Argentina

**Men’s Brown Belt Kumite**
1. Jonathan Lorzarte – Bolivia  
2. Santiago Bragnole – Argentina  
3. Luiz Delmonte – Brazil  
   Peter Breitman - Israel

**Women’s Black Belt Kata**
1. Gaby Elliott – USA/East Coast  
2. Nayla Makhoul - Lebanon  
3. Miyuki Kuroha – USA/Mountain States

**Women’s Black Belt Kumite**
1. Erica Clair Samante - Philippines  
2. Petrina Devichand – Canada/Nova Scotia  
3. Bethany Martin - Australia  
   Benilda Ottley – USA/East Coast

**Men’s Black Belt Kata**
1. Gabrielle Caccealaana - Switzerland  
2. Ronald Pedreanez - Venezuela  
3. Fermani Javier - Argentina

**Men’s Black Belt Kumite**
1. Dan Elliott – USA/East Coast  
2. Gavin Holfter - Australia  
3. Fermani Javier - Argentina

**Women’s Team Kata**
1. The Real Coco Puffs  
2. Green Panthers  
3. International Sisters

**Women’s Team Kumite**
1. International Team  
2. International Shotokan Karate Women  
3. The Real Coco Puffs

**Men’s Team Kata**
1. Australia  
2. USA 2.5  
3. Guyana B

**Men’s Team Kumite**
1. Switzerland, Brazil & Italy  
2. The Legion of Doom  
3. Oriental Rise

**Best Camper**  
Rony Ben-Dor  
**Best Supportive Country**  
Mexico

**Most Supportive Dojo**  
Israel