Publishing Format

Journal of the National Collegiate Karate Association

Editorial Board:

Editor-in-Chief

Paul K. Smith, Ph.D. Department of Kinesiology West Chester University West Chester, PA 19383

Phone: 610-436-2764, e-mail: psmith@wcupa.edu

Managing Editor

Anthony Nakazawa, Ph.D. Alaska Cooperative Extension UAF College of Rural Alaska 308 Tanana Loop, Rm. 237 P.O. Box 756180 Fairbanks. AK 99775-6180

Phone: 907-474-7246, e-mail: atnakazawa@alaska.edu

Administrative Support

Judy Hargis P. O. Box 418 Burlington, CO 80807

Phone: 717-346-6077, e-mail: judyhargis@gmail.com

Publisher

National Collegiate Karate Association (NCKA) in cooperation with the International Shotokan Karate Federation (ISKF)

Page 1 of 3 November 2009

<u>Submitting a Paper to the Journal of the National Collegiate Karate</u> Association

We welcome your submissions. Please follow our guidelines to facilitate review. Papers may be submitted for publication in the Journal of the National Collegiate Karate Association in any of the following categories as they apply to karate and martial arts:

- ✓ Research i. e., Arts, Culture, Biomechanics, History, Nutrition, Pedagogy, International Studies, Philosophy, Physiology of Exercise, Psychology
- ✓ Reviews Normally only by invitation from the editors
- ✓ Teaching Principles
- ✓ New Methods and Theoretical Perspectives

Regardless of the category of submission, papers must be carefully researched, proof-read and annotated. Articles will be peer-reviewed by at least two reviewers with expertise in the topic

Write in plain English. Avoid the passive voice.

Requirements:

Brief biography, include experience in martial arts

Title

Length

References: Be sure to include adequate referencing, either by attribution of sources within the text itself, or by endnotes.

Submitting the Manuscript

Manuscripts should be submitted to the Editor-in-Chief (<u>psmith@wcupa.edu</u>) by e-mail as an attachment, preferably as an MS Word document (.doc).

Papers <u>must</u> be submitted to Dr. Paul Smith by <u>June 1</u> in order to be published in the November Journal. Further discussion will be at Master Camp the second week of June.

Page 2 of 3 November 2009

Instructions for Formatting Your Documents:

- Manuscripts should be written in English, double spaced in Arial 12 Font with normal character spacing.
- One-inch margins
- Unless otherwise specified in these Guidelines, the formatting style should conform to the guidelines in the American Psychological Association (APA) at http://www.wooster.edu/psychology/apa-crib.html#Examples or Chicago -Style Quick Guide at http://www.chicagomanualofstyle.org/tools_citationguide.html

Results of the Review: You should be informed of the results of the review about six weeks after submission of your manuscript. On the basis of the review, your paper will be categorized as one of the following.

Revise and resubmit: The paper will be accepted if the concerns of the reviewers are addressed to their satisfaction. The paper will be rejected if the author(s) fail to make satisfactory responses to the reviewers' concerns.

Accept with minor changes: Authors must respond to the reviewers' concerns to the satisfaction of the editor and, in some cases, one or both reviewers.

Accept: The paper is accepted with only minor editing by the editor.

If you do not receive notification of the results of the review within eight weeks please inform the editor.

Paul K. Smith, Ph.D. Editor-in-Chief Department of Kinesiology West Chester University West Chester, PA 19383

Ph: 610-436-2764; Cell: 302-442-0540

E-mail: psmith@wcupa.edu

Page 3 of 3 November 2009