

ISKF Virtual Gasshuku

Saturday April 25, 2020

BEGINNER – ALL AGES

White, Yellow, & Orange (10, 9, 8, & 7kyu)

All times EDT



Hiroyoshi Okazaki Shihan

Opening class (everyone)

- 10:00AM - 11:00AM
- <https://zoom.us/my/okazaki.dome?pwd=R2Q0Y2lzc2BNTnZBY3kvRjYrTG9HZz09>
- Meeting ID: 560-562-3095
- Password: 662301

Kristen Hoffman Sensei

Basic Stances

- 11:30AM - 12:30PM
- <https://zoom.us/my/shoto.dome?pwd=QlhkU3pPV2tHNmIyaHVjNWJPeXNuUT09>
- Meeting ID: 846-751-5672
- Password: 410702

Eon Waldron Sensei

Body Shifting

- 01:30PM - 02:30PM
- <https://zoom.us/my/shoto.dome?pwd=QlhkU3pPV2tHNmIyaHVjNWJPeXNuUT09>
- Meeting ID: 846-751-5672
- Password: 410702

Hiroyoshi Okazaki Shihan

Closing Class (everyone)

- 04:00PM - 04:30PM
- <https://zoom.us/my/shoto.dome?pwd=QlhkU3pPV2tHNmIyaHVjNWJPeXNuUT09>
- Meeting ID: 846-751-5672
- Password: 410702

Technical Support

- 08:00AM - 06:00PM
- <https://zoom.us/my/iskf.tech.support>
- Meeting ID: 563-079-9449
- Password: None