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Welcome to London

ISKF UK welcomes you to the long awaited 4th ISKF World Shoto Cup Championship. It was difficult to have to postpone the tournament that we had originally planned for 2020 – it was hard for all of us as we had to deal with new and unexpected circumstances, and the loss of friends and family during the pandemic affected deeply the entire ISKF community.

We hope that 2024 will be a year of hope and joy, and we are delighted to be able to host you in London - a fun, dynamic and multicultural city, ideally placed for hosting an international competition. London is proud of its diversity and inclusion, and the World Shoto Cup Championship will be the perfect opportunity to celebrate this diversity.

This competition will be an opportunity to celebrate all that is great about karate, reconnect with old friends from the ISKF community, meet new people from all over the world and demonstrate how years of hard training and perseverance come together in one perfect kata or a brilliant kumite strike.

The competition will take place on Saturday and Sunday (21st-22nd September). On Thursday 19th and Friday 20th September, we will host training seminars led by Hiroyoshi Okazaki Shihan. On Friday, the seminar will be followed by Dan examinations, and Referee and Judge training and examinations.

The Championship will take place at the University of East London, in the SportsDock of the University's Docklands campus which offers a state-of-the-art space for training and competition. To help you prepare for the Championship, we have included a lot of useful information in the brochure. Should you require any further information or assistance, please do not hesitate to contact the ISKF UK team at 2024WorldShotoCup@gmail.com or visit the Championship website www.2024worldshotocup.com.

We look forward to welcoming you in London for the $4^{\rm th}$ ISKF Shoto Cup Championship! Good luck to all.

OSS,

Ahcene Moussaoui

Chief Instructor of ISKF UK



About our venue: The SportsDock, University of East London

The <u>SportsDock</u> is a state-of-the-art venue in the University of East London (University Way, London, E16 2RD). SportsDock is host to numerous local, national and international events. Since its opening, SportsDock has hosted Team USA for the London 2012 Olympics, British Fencing Junior World Cup, British Judo European championships, Basketball England National Finals, European and World Karate events and many more.

The SportsDock is a short distance from London City Airport, and is well connected to all other major travelling hubs. It is easily accessible from London city centre, where you can visit all of London's landmarks, museums and theatres, and enjoy food from all around the world.

The SportsDock is on the DLR (Docklands Light Railway) line, stop Gallions Reach, DLR station. For more information on how to travel within London visit: https://www.visitlondon.com/traveller-information?ref=nav

The SportsDock is also a close distance from two other great areas in London. Stratford, the location of London 2012 Olympic and Paralympic games, and Canary Wharf, the financial centre of the city. Both areas are home to many amenities and offer visitors a variety of shops and restaurants.





Getting around London

Public transport in London is generally reliable and, most of the time, it is the fastest and cheapest way to get around the city. London's underground metro network is fondly known as the tube, but public transport also includes London Overground lines and Docklands Light Railway (DLR). You can find information on how to travel in London on the official <u>Transport for London</u> website, which also gives useful information on travel times.

You can map your journey and your visit using **Google maps**, <u>City Mapper</u> or your preferred travel app. These apps generally give live updates on times and are a useful way to calculate the time to and from your location.

The cost of public transport is explained <u>here</u>. Choose your best way of paying according to your travel needs.

<u>Uber</u> operates in London and can also be a good way to travel around. You can hail a black cab on the street (if the orange light is on) or book a black cab <u>here</u>.

Traveling to and from the airport

Airport:	London has five main airports: Heathrow, Gatwick, Stansted, Luton and City Airports. The most convenient airport to the venue (walking distance) is City Airport but please note that this airport only serves some European cities. If you are making a connection in a European capital from your home country, you may want to check for connecting flights to London City Airport.
Public transport to and from the airport:	If you are arriving into London Heathrow, check here for alternative routes to the venue. They involve a combination of tube and train, for a cost of around £6-14 per person, depending on the time of day. It takes around 1.5h-2h travel time. If you are arriving into London Gatwick, check here for alternatives. They involve a combination of train and tube and cost around £12.00-£20.00 per person (prices vary depending on the route and the time of the day). The journey takes around 1.5h.

Accommodation in London

Hotels

Tournament Hotel: Holiday Inn Express London - Excel

Distance: 1.3 miles from UEL SportsDock, 30 min walk/ 15 min journey on the DLR line

Location: https://maps.app.goo.gl/gaq4eeuNnvGy74YX6

Rooms:

Single room	£129 per room/per day
Double/twin room	£139 per room/per day
Family Room	£149 per room/per day
2 adults and 2 children	Please note that the room has one double bed and one sofa bed.
Family Room	£159 per room/per day
3 adults	Please note that the room has one double bed and one sofa bed.
Family Room	£169 per room/per day
4 adults	Please note: The hotel advises that the sofa beds are NOT
	designed for two adults but they have agreed to allow it, should
	participants want to keep the costs low.
	The hotel is aware, however, that the sofa bed will not be
	particularly comfortable and they won't accept complaints.
	Participants choosing this economic option may wish to bring a
	foldable mattress/sleeping bag for the 4th adult guest.

To book, please use this booking form. If you are booking a family room, please select double/twin room and contact the hotel at reservations@hiexpresslondonexcel.co.uk to upgrade to a family room, specifying how many adults and children.

The booking conditions are as follows:

- Limited availability
- All rates include VAT and full buffet breakfast
- A debit or credit card is required for booking
- The preferential rate expires 8 weeks prior to arrival
- Full payment is taken 4 weeks prior to the arrival
- Any cancellations in 4 weeks prior to the arrival are non-refundable.

For further information about the Holiday Inn Express hotel, including parking and wi-fi charges, please visit:

https://www.ihg.com/holidayinnexpress/hotels/gb/en/london/lonxc/hoteldetail?cm_ mmc=GoogleMaps- -EX- -GB- -LONXC

Travelodge London Excel

Distance: 1.3 miles from UEL SportsDock, 30 min walk/15 min journey on the DLR line

Location: https://maps.app.goo.gl/99KtHdCmuK7s44a76

Rooms:

Double Rooms	£111.50	(average per night, 19-22/09/2024)
Double Accessible Twin	£111.50	(average per night, 19-22/09/2024)
Family Rooms	£121.50	(average per night, 19-22/09/2024)
Family Triple Rooms	£131.50	(average per night, 19-22/09/2024)

To express your interest in a Travelodge booking, please complete this <u>booking form</u>. Please note that only one booking per delegation will be accepted. Delegations should coordinate the bookings for their members.

For further information about the Travelodge hotel, including parking and wi-fi charges, please visit: https://www.travelodge.co.uk/hotels/553/London-Excel-hotel?sb=0

Premier Inn Beckton

Distance: 0.8 miles from UEL SportsDock, 20 min walk/ 13 min journey on the DLR line **Location**: https://maps.app.goo.gl/7aj5RcmamBz5hfsb8 **Rooms**:

Standard Rooms		
Up to two adults plus two kids (aged 15 or under)	£79.67	(average per night, 19-22/09/2024)

There are two additional Premier Inn hotels located close to the venue:

<u>Premier Inn London Docklands (Canning Town)</u>: 3-star hotel, located c. 3.2 miles from the UEL SportsDock, 20 min journey on the DLR line

<u>Premier Inn London Docklands Excel</u>: 3-star hotel, located c. 1.5 miles from the UEL SportsDock, 20 min journey on the DLR line

For further information about all Premier Inn hotels, including parking and wi-fi charges, please visit: https://www.premierinn.com/gb/en/home.html

Other hotels

<u>Ibis London Canning Town</u>: 3-star hotel, located about 2.5 miles from the UEL SportsDock, 20 min journey on the DLR line

<u>Aloft London Excel</u>: 3-star hotel located c. 1.9 miles from UEL SportsDock, 20 min journey on the DLR line

<u>Prince Regent Hotel Excel</u> London: 3-start hotel located c. 2.1 miles from the UEL SportsDock, 20 min journey on the DLR line

<u>Novotel London Excel</u> Hotel: 4-star hotel located c. 2.6 miles from UEL SportsDock, 20 min journey on the DLR line

<u>Moxy London Excel</u>: 4-star hotel (Marriott group), located c. 1.4 miles from the UEL SportsDock, 15 min journey on the DLR line

<u>DoubleTree by Hilton Hotel London ExCel</u>: 4-star hotel, located c. 1.5 miles from the UEL SportsDock, 20 min journey on the DLR line

Hostels

Hostels offer an alternative way to accommodate large groups in a more economical, dorm-style accommodation. Please check location and ways of transportation before making a booking in order to ensure that it is convenient and meets your needs.

Please find below some alternative hostel options. Many others are available and King's Cross area is a central location that is home to many different hostels.

YHA St Paul	https://www.yha.org.uk/hostel/yha-london-st-pauls	
	(approx. 50 mins from the venue by public transport. Good	
	central location)	
YHA Thameside	https://www.yha.org.uk/hostel/yha-london-thameside	
	(approx. 50 mins from the venue, by public transport)	
Wombat's City Hostel	https://www.wombats-hostels.com/london	
	Offers different locations, with the Wombat's City Hostel in 7	
	Dock Street being the most convenient for the venue.	
London Backpackers	https://www.londonbackpackers.com	
Park Villa Boutique Hostel	https://www.parkvilla.co.uk/	
Cricketers Hostel	https://www.sunskiresorts.com/property/cricketers-hostel/BC-	
	<u>10158123</u>	

Private home rentals

Renting a home can also be an economical way to accommodate large groups. Booking.com offer options for home rentals, as does Airbnb.

Here is a selection of suitable homes that you may want to explore (we will continue updating the recommendations):

- Airbnb: https://www.airbnb.co.uk/wishlists/1410738666
- Booking: https://www.booking.com/mywishlist.html?wl=uVH5JyiGFTBftU2GfJBZW jE6x8

Timelines and registration forms

Registering to participate in the Championship

All registrations and fees must be submitted by the Country Representative (head of delegation) on behalf of the participants.

The Country Representative, Managers and Coaches must register using the Country Representative, Managers and Coaches Registration Form before filling in the forms for their team members.

Once the delegation leadership has been registered, the Country Representative should register all their participants for training, examination and competition.

The Country Representative should also register the delegation for the celebratory Sayonara party, and order competition T-shirts for their team members.

All participants, including competitors, judges and officials, must have a current ISKF membership card as well as an ISKF Passport.

ALL FORMS MUST BE COMPLETED BY SUNDAY 30th JUNE.

Dan registrations

Participants wishing to submit for Dan registration must complete the current Dan registration form which can be obtained from the ISKF website at the following link.

RESEARCH PAPERS FOR 5TH DAN AND ABOVE MUST BE SUBMITTED TO ISKF HEADQUARTERS NO LATER THAN SUNDAY 14TH JULY.

Paying for participation costs

When all the forms have been completed, an invoice including the total cost for the entire delegation will be sent to the Country Representative.

All payments to be made by bank transfer to the following account:

Account name: ISKF UK Sort code: 60-20-22

Account number: 37572679

BIC: NWBKGB2L

IBAN: GB76NWBK60202237572679

Failure to pay on time will disqualify the delegation from taking part in the Shoto Cup Karate Championship.

FULL PAYMENT MUST BE RECEIVED NO LATER THAN SUNDAY 11th AUGUST.

Championship registration forms

To register your delegation and participants, please use the following forms:

1	Country Representative, Managers and Coaches Registration Form	https://forms.gle/ccNa1TQbnccpbXnU6
2	Training Seminar Registration Form	https://forms.gle/pLaA6Mg5wkcgvZWV8
3	Dan Examination Entry Form	https://bit.ly/3RYOnL2
4	Judge Exam Entry Form	Please complete the form on page 26
5	Under 18s Competitor's Entry Form	https://forms.gle/rzgQq2bxs1z4ceLVA
6	18+ Competitor's Entry Form	https://forms.gle/ysKa6oiSUsPC7AQa8
7	Judges Selection Form	https://forms.gle/S6jmBoTHSBcr4tNh6
8	Sayonara Party Reservation Form	https://forms.gle/6RoPduHQrmEVXyYi6
9	T-Shirt Order Form	https://forms.gle/CiYLifVjWNnyRXye9
10	Competitor/Participant's Waiver/Release Agreement – Adult Form	https://forms.gle/gJYDt5y4x28YkS4j6
11	Competitor/Participant's Waiver/Release Agreement – Legal Guardian Form for U18s	https://forms.gle/LRnD8Dp3EbjJ2Uhp6

All participants, including competitors, judges and officials, must have a current ISKF membership card as well as an ISKF Passport.

If you need any assistance with completing the forms, please contact the organisers at 2024WorldShotoCup@gmail.com.

Championship data collection and safeguarding

<u>ISKF UK</u> respects your privacy. The personal information collected, including your name, date of birth, gender and karate history, is solely for the purposes of participating in the 4th World Shoto Cup Championship in London, UK.

We will never disclose your information to third parties except where required by legal obligations, or to meet contractual obligations related to the Championship, in which case only the necessary data will be shared.

Your personal data will be treated with the utmost confidentiality and will only be used for competition-related communication and organisation.

If you have any questions on the privacy of your data, please contact the organisers at 2024WorldShotoCup@gmail.com.

Timetable

Thursday	19th September 2024
2:00PM - 3:00PM	Optional team training (SportsDock) (Open to all teams. You must let the organisers know if you wish to train)
3:30PM - 5:00PM	Training seminar with Hiroyoshi Okazaki Shihan (SportsDock)
6:00PM - 8:00PM	Early bird registration, welcome pack and t-shirt collection (tournament hotel)
Friday	20th September 2024
1:00PM - 6:00PM	Registration, welcome pack and t-shirt collection (SportsDock)
1:00PM - 2:00PM	Optional team training (SportsDock) (Open to all teams. You must let the organisers know if you wish to train)
2:30PM - 4:00PM	Training seminar with Hiroyoshi Okazaki Shihan (SportsDock)
4:00PM - 5:00PM	Dan examination (SportsDock)
5:00PM - 6:00PM	Ring managers and table officials training session (SportsDock)
5:00PM - 7:00PM	Referees and Judges training and examination (SportsDock)
Saturday	21st September 2024
9:00AM – 10:00AM	Opening ceremony
10:00AM – 7:00PM	Eliminations and finals for all U18 categories, individual and team
Sunday	22nd September 2024
9:00AM - 9:30AM	Arrival of competitors
9:30AM - 6:00PM	Eliminations and finals for all 18+ categories, individual and team
7:30PM – late	Sayonara Party

Competitors' checklist

Please make sure all competitors have the following approved equipment:

- 1. Current 2024 ISKF Membership Card If they do not have a current ISKF card, a charge as per the ISKF Official website will be payable at check-in.
- 2. Mouthpiece (Gum guard)
- 3. ISKF Fist protectors (Mits / Gloves) Under 18s from other associations can wear equivalent white gloves.



- 4. Standard White Karate Gi
- 5. Standard belt
- 6. Chest protection for ladies (optional)

No other protections will be accepted.

Competition categories

Categories marked with an "x" are available, those with a "-" are not available. Please use the relevant forms to register.

Under 18 categories

6th, 5th and 4th Kyu, under 18

	Individual Kata	Team Kata	Individual Kumite
MIXED: 6th, 5th and 4th Kyu			
7-9 years old	X	-	X
MALE: 6th, 5th and 4th Kyu			
10 and 11 years old	X	-	X
12 and 13 years old	X	-	X
14 and 15 years old	X	-	X
16 and 17 years old	X	-	X
FEMALE: 6 th , 5 th and 4 th Kyu 10 and 11 years old	x		X
12 and 13 years old	X		X
14 and 15 years old	X	_	X
16 and 17 years old	X	-	X
MIXED: team kata, 6th, 5th and 4th Kyu	ı		
11 and under	-	X	-
12 to 14 years old	-	X	-
15 to 17 years old	-	X	-

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Under 18 individual participation is unlimited, their ages at the time of the World Shoto Cup must be 7–17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at 2024WorldShotoCup@gmail.com).

INDIVIDUAL EVENTS

For 6th, 5th and 4th Kyu, participation consists of Kata and Structured Kumite (Kihon Ippon Kumite) as per ISKF Tournament Rule book, through to and including the finals, no free style Kumite.

Contestants may not perform Kata in competition higher than that required for their next promotion examination.

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

TEAM EVENTS

Team kata consists of three participants of 6th, 5th or 4th Kyu. Boys and girls compete together, mixed teams are allowed.

Brown and Black belts, under 18: KATA

	Individual Kata	Team Kata
MALE: Brown and Black belts		
7 – 9 years old	X	-
10 and 11 years old	X	-
12 and 13 years old	X	-
14 and 15 years old	X	-
16 and 17 years old	X	-
FEMALE: Brown and Black belts 7 – 9 years old 10 and 11 years old 12 and 13 years old 14 and 15 years old 16 and 17 years old	x x x x x	- - - -
MIXED: Team kata, Brown and Black belts		
11 and under	-	X
12 to 14 years old	-	X
15 to 17 years old	-	X

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Under 18 individual participation is unlimited, their ages at the time of the World Shoto Cup must be 7–17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at 2024WorldShotoCup@gmail.com).

INDIVIDUAL EVENTS

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

TEAM EVENTS

For Kata categories, Brown and Black belts compete together.

Team kata consists of three participants of Brown and Black brown levels. Boys and girls compete together, mixed gender teams are allowed.

Brown belts, under 18: KUMITE

	Individual	Individual	Team
	Jiyu-ippon-kumite	Jiyu-kumite	Jiyu-kumite
	(semi free style)	(free style)	(free style)
MALE: Brown belts			
7 – 9 years old	X	-	-
10 and 11 years old	X	-	-
12 and 13 years old	X	X	-
14 and 15 years old	X	X	-
16 and 17 years old	X	X	-
FEMALE: Brown belts			
7 – 9 years old	X	-	-
10 and 11 years old	X	-	-
12 and 13 years old	X	X	-
14 and 15 years old	-	X	-
16 and 17 years old	-	X	-
MALE: Team kumite, Brow	vn and Black belts		
11 and under		-	-
12 to 14 years old		-	-
15 to 17 years old		-	X
FEMALE: Team kumite, Br	own and Black belts		
11 and under		-	-
12 to 14 years old		-	-
15 to 17 years old		-	X

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Under 18 individual participation is unlimited, their ages at the time of the World Shoto Cup must be 7–17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at 2024WorldShotoCup@gmail.com).

INDIVIDUAL EVENTS

For all junior brown belt categories (under 18), individual kumite will consist of Jiyu-Ippon kumite in elimination rounds up to the semi-finals.

Semi-finals and finals competition will consist of Shobu Ippon kumite (free-style).

TEAM EVENTS

Team kumite category is only available for those in the 15-17 category and will be conducted in Jiyu-kumite (free style).

Team kumite consists of three boys or girls 15-17 years old (no mixed gender).

Brown and Black belts may form joint teams.

All elimination rounds and the final to take place on Saturday 21st September.

Black belts, under 18: KUMITE

	Individual Jiyu-kumite (free style)	Team Jiyu-kumite (free style)
MALE: Black belts		
9 -11 years old	X	-
12 and 13 years old	X	-
14 and 15 years old	X	-
16 and 17 years old	Х	-
FEMALE: Black belts		
9 – 11 years old	X	-
12 and 13 years old	X	-
14 and 15 years old	X	-
16 and 17 years old	X	-
MALE: Team kumite, Brown and Black belts		
11 and under	-	-
12 to 14 years old	-	-
15 to 17 years old	-	<mark>x</mark>
FEMALE: Team kumite, Brown and Black be	lts	
11 and under	-	-
12 to 14 years old	-	-
15 to 17 years old	-	x

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Under 18 individual participation is unlimited, their ages at the time of the World Shoto Cup must be 9–17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at 2024WorldShotoCup@gmail.com).

INDIVIDUAL EVENTS

Individual kumite consists of Jiyu-kumite (free style) for all age categories over the age of 9.

TEAM EVENTS

Team kumite category is only available for those in the 15-17 category and will be conducted in Jiyu-kumite (free style).

Team kumite consists of three boys or girls 15-17 years old (no mixed gender).

Brown and Black belts may form joint teams.

Young Adult categories

	Individual Kata	Individual Kumite	Team Kata	Team Kumite
MALE: Brown and Black belts				
18-21 years old	X	X	-	-
18-44 years old	-	-	<mark>X</mark>	<mark>x</mark>
FEMALE: Brown and Black belts				
18-21 years old	X	X	-	-
18-44 years old	<u>-</u>	-	<mark>x</mark>	<mark>x</mark>

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Young Adult individual participation is unlimited, their ages at the time of the World Shoto Cup must be 18–21 years.

Young Adults must be ISKF members in good standing.

Young Adults must be Brown or Black belts to enter the competition.

INDIVIDUAL EVENTS

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

Kumite consists of Jiyu kumite (free style).

TEAM EVENTS

For team events, Young Adults and Adults are to be a part of the same Adult category, their ages at the time of the World Shoto Cup between 18 and 44 years.

Brown and Black belts may form joint teams.

Adult female team kumite consists of three women 18-44 years old (no mixed gender).

Adult male team kumite consists of five men 18-44 years old (no mixed gender).

Adult categories

	Individual Kata	Individual Kumite	Team Kata	Team Kumite
MALE: <mark>Brown</mark> and Black belts				
22-44 years old	X	X	-	-
18-44 years old	-	<mark>-</mark>	<mark>x</mark>	<mark>x</mark>
FEMALE: Brown and Black belts				
22-44 years old	X	X	-	-
18-44 years old	<u>-</u>	<mark>-</mark>	<mark>x</mark>	<mark>X</mark>

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Adult individual participation is limited to eight women and eight men per country. Host country individual participation is limited to 16 women and 16 men.

Adults must be ranked ISKF Brown or Black belt; their ages at the time of the World Cup must be 22-44 years.

Adult women and men must be ISKF members in good standing.

INDIVIDUAL EVENTS

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

Kumite consists of Jiyu kumite (free style).

TEAM EVENTS

For team events, Young Adults and Adults are to be a part of the same Adult category, their ages at the time of the World Shoto Cup between 18 and 44 years.

Brown and Black belts may form joint teams.

Adult team kata consists of three women or three men 18-44 years old (no mixed gender).

Adult female team kumite consists of three women 18-44 years old (no mixed gender).

Adult male team kumite consists of five men 18-44 years old (no mixed gender).

Senior categories

	Individual Kata	Individual Kumite	Team Kata	Team Kumite
MALE: Brown and Black belts				
45-54 years old	X	X	-	-
45+ years old	-	-	X	X
FEMALE: <mark>Brown and Black</mark> belts				
45-54 years old	X	X	-	-
45+ years old	-	-	X	X

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Senior individual participation is unlimited in individual kata and kumite.

Senior team kata and senior team kumite participation is unlimited.

Seniors must be ranked ISKF Brown or Black belt, their ages at the time of the World Cup must be 45–54 years old.

Senior women and men must be ISKF members in good standing.

INDIVIDUAL EVENTS

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

Kumite consists of Jiyu kumite (free style).

TEAM EVENTS

For team events, Senior and Super Senior are to be a part of the same Senior category, their ages at the time of the World Shoto Cup 45 years or over.

Brown and Black belts may form joint teams.

Senior team kata consists of three individuals 45+ years old; mixed gender teams are allowed.

Senior team kumite consists of three women or three men 45+ years old; no mixed gender.

Super Senior categories

	Individual Kata	Individual Kumite	Team Kata	Team Kumite
MALE: <mark>Brown and Black</mark> belts				
55+ years old	X	X	-	-
45+ years old	-	-	<mark>x</mark>	<mark>x</mark>
FEMALE: <mark>Brown and Black</mark> belts				
55+ years old	X	X	-	-
45+ years old	-	<mark>-</mark>	<mark>x</mark>	<mark>x</mark>

All ISKF participants, including competitors, judges and officials, must have a current ISKF membership card. Black belts must also have an ISKF Passport.

Super senior individual participation is unlimited in individual kata and kumite.

Super senior team kata and team kumite participation is unlimited.

Super seniors must be ranked ISKF Brown or Black belt, their ages at the time of the World Cup must 55 years and older.

Super senior women and men must be ISKF members in good standing.

INDIVIDUAL EVENTS

Individual kata will be assessed using a flag system in the elimination rounds. The last four competitors will be assessed by point system.

Kumite consists of Jiyu kumite (free style).

TEAM EVENTS

For team events, Senior and Super Senior are to be a part of the same Senior category, their ages at the time of the World Shoto Cup 45 years or over.

Brown and Black belts may form joint teams.

Senior team kata consists of three individuals 45+ years old; mixed gender teams are allowed.

Senior team kumite consists of three women or three men 45+ years old; no mixed gender.

Costs of competition

Youth categories	
Individual kata and kumite - single event	£40
Individual kata and kumite - both events	£50
Team kata	£80 per team
Young Adult, Adult, Senior and Super-senior categories	
Individual kata and kumite - single event	£45
Individual kata and kumite - both events	£55
Team kata	£80 per team
Team kumite	£80 per team
Training seminars with Hiroyoshi Okazaki Shihan	
One seminar	£40
Two seminars	£65
Spectator fees	
Spectators 12+ years old	
Two-day pass	£10
One-day pass	£5
Spectators under 12	free
Tournament T-shirt costs	
If ordered in advance (before 14 July)	
Youth sizes	£25
Adult sizes	£25
Prices at the tournament	
Youth sizes	£30
Adult sizes	£30
Sayonara party	
Price per person	£45

Information for Judges and Referees

Application for Judge examination

All examinees must be checked in by 2:00PM on Friday 20th September 2024. For Judge exam fees, please contact your Country Representative.

All examinees with a previous Judge ranking must present an ISKF Passport at the check-in or will be charged for each qualification.

PAYMENTS TO BE MADE BY BANK TRANSFER TO THE FOLLOWING ACCOUNT:

Account name: ISKF UK Sort code: 60-20-22

Account number: 37572679

BIC: NWBKGB2L

IBAN: GB76NWBK60202237572679

Judge requirements

For Judge level	Rank must be at least
D	Nidan
С	Sandan
В	Yondan
A	Shichidan

Judge Exam Entry Form

Participants wishing to submit for Judge exam must complete the current Judge exam form which can be obtained from the following link: https://forms.gle/KZdbKEiv48htHfmi9.

Selection of Championship Judges and Referees

We are expecting a large number of competitors for this event. In order for it to run smoothly and timely we will need as many ISKF Qualified Judges and Referees as possible.

Please encourage the Judges and Referees in your country to come to this ISKF World Shoto Cup and participate as Championship officials.

All Judges and Referees <u>must wear grey pants</u>, white long-sleeved shirt, maroon tie and <u>navy blazer on both Saturday and Sunday</u>.

To register as a Championship Judge or Referee, please complete the Google form here: https://forms.gle/S6jmBoTHSBcr4tNh6



THANK YOU.

WE CAN'T WAIT TO WELCOME YOU IN LONDON TO THE 4TH WORLD SHOTO CUP CHAMPIONSHIP!

For all queries, please contact the <u>ISKF UK</u> team at 2024WorldShotoCup@gmail.com

To receive updates on the Championship, please join our WhatsApp group at https://chat.whatsapp.com/GvFQirVagot1EbSw60oDSk

> Visit the Championship website at www.2024worldshotocup.com